

Partners in Integration: Zen and Psychotherapy

Joseph Bobrow, PhD
Saturday, February 4th, 2012
9am - 4:30pm

The NW Alliance special events committee would like to announce a daylong, experiential workshop with Joseph Bobrow, PhD. Dr. Bobrow is a psychologist, psychoanalyst and a Zen Master who interweaves these disciplines in his life and in his work with patients. This workshop, like his new book *Zen and Psychotherapy: Partners in Liberation*, will explore the fertile interplay of Buddhism and psychotherapy in relieving suffering. He is the founding teacher of Deep Streams Zen Institute in San Francisco and he teaches throughout the United States and abroad.

About the workshop:

Emotional growth and spiritual practice appear to be strange bedfellows. One path helps us create a working sense of self while the other exhorts us to forget the self. One encourages us to let go of afflictive emotions while the other provides a safe place to explore the range of our emotions. One cultivates integration of the person; the other encourages transcending the veil of the personal into our true nature. One sees attachment as a human need throughout life, the other as a prime cause of suffering. In reality, however, psyche and spirit—and the principles and practices of psychotherapy and meditation—are not opposed; they complement and enrich one another. This workshop explores how our capacity to live full, wise, and compassionate lives is enhanced by an integrative model in which spiritual and emotional growth coexist and blend with each other.

Location:

Nalanda West
3902 Woodland Park Ave N
Seattle, WA 98103
(between the Fremont and Wallingford neighborhoods)

There is a gravel parking lot behind the building and street parking in front and on adjacent streets.

<http://mapq.st/urRITp>

Please note:

This is a shoe-free venue.

Only socks and inside slippers are allowed in the event room.

Registration:

We are attempting to move all registration to an online format and hope that you find this process quick and easy. If you prefer to register via regular US Mail, please print the form provided in a separate link and mail it with your payment to:

The Alliance
P.O. Box 33762
Seattle, WA 98133

Otherwise, click on the Paypal button, register for a secure account with Paypal if you are not already subscribed and follow the directions for paying.

The Paypal receipt that will be mailed to your related email address will serve as your proof of payment.

We will have proof of attendance forms at the event for those of you who want Continuing Education Credits. Please pick one up if needed.

Attendance fee before Jan 14th:

Members \$100
Non-members \$110
Students \$75

Add \$15 after Jan 14th and at the door.

Info: Sharon Royal royal.shay@gmail.com

Continuing education credits:

CME: This activity has been planned and implemented in accordance with the Essentials Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the American Psycho-analytic Society and Institute. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians and takes responsibility for the content, quality, and scientific integrity of this CME activity. The American Psychoanalytic Association designates the continuing education activity for a maximum of 5 credit hours on Category 1 toward the AMA Physician's Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

CPE: This presentation also meets the requirements of WA-308-122-520 (Definition of Category of Creditable CPE).

CEU: This presentation meets the approval of 5 CEUs by the Washington State Social Workers Clinical Society. Certified social workers, mental health counselors, and marriage and family therapists are eligible.