

# F O R U M

THE ALLIANCE

THE NEWSLETTER OF THE NORTHWEST ALLIANCE FOR PSYCHOANALYTIC STUDY

APRIL 2009



alliance

celebrating twenty years of the Northwest Alliance

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## Alliance newsletter

Published three times a year. To offer submissions, contact:

- Ginger Harstad Glawe, 206-985-8951, ghglawe@earthlink.net
- Kris Wheeler, 206-269-0160, kriswheeler@clearwire.net

E-mail submissions to Ginger or Kris, preferably as a Word attachment.

If this is not possible, send the submission as an e-mail message.

**Deadline for submissions to the next newsletter is July 1, 2009.**

Publications Committee: Ginger Harstad Glawe, Kris Wheeler, cochairs; Jeanne Castle; Susan DeMattos; Joan Dinklespiel; Kathy Knowlton; Rebecca Meredith; Bev Osband; Helen Palisin; Carol Poole; and Marcia Robbins. Newsletter design by Dennis Martin Design, 206-363-4500.



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## FROM THE EDITORS

# Alliance and collaboration

GINGER HARSTAD GLAWE & KRIS WHEELER

**I**n our last publications committee meeting, we were discussing ways to celebrate the 20th anniversary of the Northwest Alliance with the *Forum*. Someone came up with the idea of having the topic for this *Forum* be *alliance*, and then Susan DeMattos suggested that we write about our alliance as co-editors of this publication for the past (gasp) ten years.

Encouraged by Susan's suggestion, we compiled a few thoughts about our working relationship, which has very much felt like an alliance. We share them, not with the idea that there is anything unusual or special in our relationship, but in the hopes that naming some of our experience may stimulate further thoughts about what helps make a generative alliance.

Before coming together to work on this publication, we didn't know each other well. We were colleagues whose paths crossed at meetings. We undertook an arranged marriage, so to speak, that has surprised us and which we now regard as a gift from Morry and Faye Tolmach as they let go of the inaugural year of the *Forum*.

Thinking about what makes our working relationship succeed brought to mind the following factors:

- Respect — A sense of humanity; the belief that we are both bringing our best to the task at hand at any given time.
- Complimentary capacities — We are significantly different personalities, each with an eye to a different aspect of the aesthetics of this publication. While both of us are very dedicated to a job well done, Kris shepherds the overall flow of a complex process between author, editor, graphic designer, and printer, while Ginger can be counted on to attend to the fine-tuning details that make this a quality publication.

- Not competing — We each noticed this as a trait in our working relationship—our individual self-respect and respect for one another helps, but we also realized that there is a significant element in the context of our situation that supports non-competitiveness. This is the abundance of support that has been given to us from several vantages. First of all, the board of the Alliance has been consistently generous in its financial support as well as in submitting informative and thoughtful committee reports. Secondly, the membership has showered us with quality articles in a manner that keeps us enthusiastic about continuing this enterprise.
- Forbearance — Knowing that we can count on the other to be patient with our limitations, foibles, and the exigencies of life allows a gracious space. Abundance, trust, and respect make forbearance possible.
- Encouragement — When resources flag, it's great knowing the other continues to hold the vision of this publication and can lend us courage to persevere.
- Accompaniment — It's so lovely to have to have a buddy!

We offer these thoughts as reflection upon a process that has evolved over the past decade, not a consciously pursued goal, but an unfolding that was made possible by synergistic generosity of the community. The various professional organizations in our community offer numerous opportunities to collaborate with colleagues, build relationships and enjoy the experience of creative generativity. We are both very grateful to the Northwest Alliance for the opportunity it has given us to experience how the whole really is greater than the sum of its parts.

— *Ginger and Kris*

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## FROM THE MAILBAG

# Letters to our community

### Grassroots meeting on health care

The Obama/Biden team is keeping its grassroots movement working by continuing to ask citizens to gather, discuss, and send feedback to them. They have floated a number of requests through *MoveOn.org*, which is providing the structures of website, blogs, etc., needed to generate that feedback.

We attended a meeting organized around the issue: the future of health care/a new health care policy. The purpose for this meeting, and others like it in Washington State and around the U.S., was to surface recommendations for the new Secretary of Health. *MoveOn.org* had called upon its members to step forward in communities and host these meetings.

A brave local acupuncturist volunteered to facilitate a meeting in Seattle's University District. It was held in a coffee shop and at least forty people attended. Our hostess had a packet from the Obama/Biden team containing requests for discussion,

feedback, and our ideas. The attendees came representing a wide number of roles, concerns, and issues: patients with their personal experiences; people frustrated with their health insurance; an array of practitioners; a hospital administrator; those who are directly involved in health care policy; plus one IT guy who deeply cared about information technology for doctors.

The larger group discussion broke out into smaller interest group discussions. We joined the practitioners' discussion group. Each group was charged with addressing the agenda as well as creating their own ideas. Our group focused on two areas we felt were system failures: first, the possibility of excellent care being lost due to the ignorance within the system of various disciplines, i.e., the alternative medicines; second, policy issues such as a single-payer system, the need for better preventive care, and the need to shift the culture toward healthier lifestyles. The meeting was enlivening and hopeful and the group will continue to meet in the future.

If readers are interested in learning more about how to get involved in this process, we would be glad to share the information we have. Feel free to call Elin (206-524-1938) or Scott (206-523-7200).

— *Elin and Scott Leiter*

### Thanks to Ginger and Kathy

I would like to thank Ginger Harstad Glawe and Kathy Knowlton for their detailed reports about the difficulties that developed with the Alliance Postgraduate Internship Program. Although I am not clinically involved with it or the ACPC, I have been a financial supporter over the years. The in-depth evaluation of problems and thoughtful recommendations for dealing with them in the future only add to my confidence in the leadership and the value of continuing my support. I appreciate the professionalism of all who were involved.

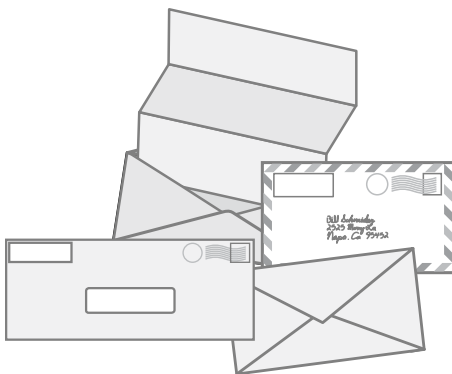
— *Helen Palisin*

### The joy of alliances

We are grateful to Helen Palisin for her acknowledgement of our work on the internship retrospective articles, and we agree with her that the nature of our assignment and people's willing openness with us are fine reasons for confidence in the capital A Alliance.

In fact these articles came out of a long-standing alliance between us, born of profound enjoyment of one another, and manifesting in several shared projects such as co-presidency of PNPS and talks to the community. The pleasure of an alliance characterized by humor and thoughtfulness is priceless and makes difficult tasks possible, giving them a sense of proportion in the rhythm of our work and life. We recommend alliances highly!

— *Kathy Knowlton and  
Ginger Harstad Glawe*



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FROM THE PRESIDENT'S DESK

## What can happen in alliance



**I** think of alliances—the coming together for, against, to ... There is always the coming together as the start. And that is what continues to amaze me: how that is indeed always a start. Recognizing the parts of me that resist opening to that coming together, that shrink in the shadows of self-destruction posing as self-protection, I value the invitation to alliance.

In relation to this I want to express my gratitude for this opportunity given to me to be the president, as I write my last president's letter. Even my battles that I have referenced these two years are my avoidance of my own coming together, my own alliance with the task of writing. And each time that I show up for the alliance, then and only then something happens.

And this is what is so wonderful about this organization: this fluid entity, shifting and becoming and rebecoming as new people come together in familiar ways and familiar people come together in new ways. The Alliance was created as a potential space not a fixed space. What wonderful freedom from the constraints of doctrine and hierarchy that has allowed. We have so

many places in our lives where we must struggle with fitting into what is expected of us and into what we idealize; and those places have great value as well—much is learned. But the Alliance holds this other space where each can show up in a unique way with a safety net for disagreements, room for the individual that allows admiration without idealization, and learning with not just learning from.

We each find we can explore new places in the work and in our selves in this setting that invites but does not demand. And of course, this is the field we create in our treatment rooms, helping our patients understand the creative magic of alliance.

So, as I finish my years as president and look forward to Barbara Walkover's presidency starting in July, I am excited by the strength of this alliance within the Alliance community that will hold the ever moving creations that appear when we come together in our multiple constellations of conversation, meeting, group, class, consultation, discussion, and play.

## Expanding our directions

TERRY HANSON

**O**ur new committee for course planning is busy outlining our overall mission and priorities in offering seminars and classes to our community. We are thinking about how to address the needs for training and collaboration across the developmental arc of a psychotherapy career, from beginning to seasoned therapists, and about the various areas that might be covered in a curriculum for psychoanalytic work. Our community already has so many wonderful opportunities for learning and professional growth, and we want to think about how to complement, supplement and cooperate with these other educational offerings. We are always enthusiastically seeking feedback from Alliance members about courses you might like to lead, courses you might like to take, and your general needs in terms of professional learning. Our committee members are: Jeanne Castle (206-528-2377), Ann DeMaris Davids (206-521-3373), O'Donnell Day (425-802-3000), Jay French (206-438-4673), Diana Lee (206-282-6112), Patrick Nalbone (206-491-2823), and Terry Hanson (206-517-4198). Feel free to contact any of us with your thoughts.

Coming in the fall, Ann Glasser will be facilitating a seminar, "Experiencing our Patients: A Harold Searles reading seminar." Like Ann I started reading Searles early in my career and found him enormously human and therefore enormously helpful. He writes with an honesty and directness about what the experience of being a therapist is like that is quite unusual.

### Experiencing Our Patients: A Harold Searles reading seminar

- Facilitator: Ann Glasser, Ph.D.
- Six Thursdays, starting September 24, 2009, 7:30 to 9 p.m.
- 4202 51st Avenue NE, Seattle
- Limit: 6 people
- Free for Alliance members.
- Info and registration: Ann Glasser, 206-720-6153

I was in graduate school in the 1970s when I first encountered the writings of Harold Searles in such books as his *Collected Papers on Schizophrenia and Related Subjects* and *My Work with Borderline Patients*. At the time, I was struggling to understand what this thing called psychoanalysis really was, reading people like Kernberg, Kohut, and Langs. I saw myself learning a new language that would enable me to understand my patients and their minds. And then I read Searles, this analyst who pioneered the psychoanalytic treatment of schizophrenics and other profoundly ill patients. The experi-

ence I had reading his work was stunning and utterly different, like being thrown sideways and winding up in another world. It was a world where, because of Searles' enormous confidence in his own emotional experience and his remarkable ability to describe it, my own emotional experience of my patients became visible to me and highly significant, not just in terms of what my patients might be projecting into me, but what I felt, consciously as well as unconsciously, with and about my patients. To think about what my patients meant to me felt liberating and yet also challenging, requiring an honest exposure of myself to myself. Across the years as I have read and reread Searles, my experience of him has not changed. I come away feeling unusually enlivened, with a deeper sense of myself and my patients.

The seminar I am offering is for people who are interested in reading or rereading Searles and exploring their experience of him in a supportive group.

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## FROM THE EDUCATION COMMITTEE / PROFESSIONAL MEETINGS

# Seeds to sow; fruits enjoyed

BY STACEY MCFARLAND

Over the past few months, the Professional Meetings Committee has been in the process of selecting meeting topics and recruiting speakers for the 2009/2010 Thursday Night Professional Meetings series. It is not unlike poring through a seed catalogue before planting the spring garden. There are lots of tried-and-true varieties, always successful, and well known to all. At the same time, there are countless less familiar options that might well offer a new flavor, shape, or color, but which require a creative willingness to take a new direction. Like the lesser-known seed varieties in the catalogue, our membership possesses an untapped variety of experience and perspective that can enrich our clinical work if given the opportunity to flower. With this in mind, the committee has pledged to introduce a good number of new-for-2009 member speakers.

Through this past fall and into winter we enjoyed a multiplicity of excellent presentations. In October we started a new program focusing on the nuts and bolts of managing a private practice, which has been well-received. The Nuts and Bolts series has offered practical guidance to clinicians, addressing everything from office management and maintaining client files to obtaining consultation and supervision within a fairly small professional community. The Nuts and Bolts series has clearly struck a chord with clinicians looking for assistance with the business aspects of practice

that we all must see to, and which can be a source of significant anxiety. Additionally, the series has given us a chance to spread the wealth of knowledge from experienced practitioners to a new generation of therapists. We are optimistic that newer clinicians who have attended the Nuts and Bolts sessions will join us as active Alliance members in the future. For their contributions to recent Nuts and Bolts programs, we wish to thank Jenny Gardon, Doug Hansen, Keith Myers, Lynn Garvey, and Erica Rubin. At the time of this writing, we are looking forward to the third Nuts and Bolts with Karen Weisbard and Kim Brotherton as well as the annual book group meeting.

In November, Stan Case gave an absorbing account of the challenges presented by adolescent clients including the importance of, and occasional tension from, respecting the parents' interests. We thank him for his clinical insights, as well as the candor with which he discussed his internal process around these cases. In recognition of the demand that exists for therapists who are skilled in working with adolescents, we anticipate developing more programs about providing therapy to teens.

We continue to invite input from Alliance members, as well as the broader psychoanalytic community, regarding what subjects and speakers are of greatest interest for programming in the coming year. The 2009/2010 season starts September 10. We hope to see you there!

## FROM THE COMMUNITY RELATIONS CHAIR

# Membership questionnaire

SCOTT LEITER

My first project as chair of Community Relations was to send out a questionnaire to each current member. I received 117 questionnaires back, representing about one-third of the members. Because of the large response, we chose not to publish in the *Forum* but to use our new and improved website instead. Thanks to all who responded.

On the website we were able to present a more extensive sample of quotes from your feedback. For each open-ended question response or specific program comment (grid side), we organized the feedback into themes. The results can be viewed on the Community Relations web page. Go to [www.nwaps.org](http://www.nwaps.org) and click on "about the Alliance," then "board and committees," and then "community relations."

A number of members and the leadership of the Alliance have been waiting to get the results of this questionnaire, as it pertains to planning, committee offerings, and activities. The website contains the first public articulation of the results for everyone. By the time you read this report, the results will begin to be in effect, e.g., as we plan the celebrations of the twentieth anniversary the Alliance. Thanks again for your participation in our survey!

## The open door: A call for artists

ELIZABETH CLARK STERN

*When Van Gogh was a young man in his early twenties, he was in London studying to be a clergyman. He had no thought of being an artist at all. He sat in his cheap little room writing a letter to his younger brother in Holland, whom he loved very much. He looked out his window at a watery twilight, a thin lamppost, a star, and he said in his letter something like this: "It is so beautiful I must show you how it looks." And then on his cheap ruled note paper, he made the most beautiful, tender, little drawing of it.*

— Brenda Ueland, *If You Want to Write*

**T**his image of the young Vincent Van Gogh drawing his first sketch to send to a beloved brother touches me deeply. Art begins in the most subtle and humble way. He sees something beautiful, and has to make it known, to show it to a loved one. We all have known these moments, this desire, to give form to something, to make it known. An act of courage, yes, but more than that, of generosity.

The members of the Arts and Psychoanalysis Committee invite you to follow your impulses to cre-

ate, however subtle or inchoate their beginnings. We encourage you to germinate, to create, and to share your work with the Alliance community. This includes music, poetry, visual art, dance, drama, film, mixed-media, and every form yet to be invented or that I forgot to mention!

We cherish the regulars whose inspiration, talent, and generosity have lavished wonders of creativity at our many Alliance venues. We have seen bounteous offerings at the Potential Space, a yearly celebration of the arts; at the Forum, our yearly conference which often includes arts-related workshops and performances; and three times a year in the *Forum* publication. The staff of the *Forum* is making a new call for visual artists to contribute on the topic, in the same spirit that it has invited literary works. Finally, the Alliance also offers the venue of special projects: workshops, performances, such as the ongoing Friday Night Film Series, the poetry and movement salons, and the theatrical performances (this spring's *Freud/Jung Letters*).

We will continue to support our veteran artists with gratitude and enthusiasm, and we also very much want to encourage new contributions! New collaborations! New faces! New ideas!

If you are a visual artist, by all means toss your hat in the ring when you receive the Potential Space call for artists. Also consider the *Forum* as a venue: watch for the topic of the next issue and submit purely visual work,

or perhaps a piece that combines writing and photography. Also consider collaboration with other visual and/or performance artists that could result in an offering for a special event.

Dancers, actors, singers, writers, poets: we encourage it all, in any of the venues listed above. Another possibility is to take advantage of the new monthly laboratory offered by Elena Richmond. She calls it "The Labyrinth" and describes it in detail elsewhere in this issue. It affords an

### **Sensing the Muse, Saturday Salons**

#### **Writing What You See: Inner and outer landscapes found at the Nisqually National Wildlife Refuge**

- April 4, 10 a.m. – 4 p.m.
- On site at Nisqually
- Carol Poole, 206-390-7875

#### **Words from Bones: A movement and writing collaboration**

- April 18, 9:30 – noon
- 7317 23rd Ave NE
- Jeanne Castle, 206-528-0245
- All salons are \$25, \$30 nonmembers
- Two salons, \$40, \$50 nonmembers

excellent opportunity for the incubation of new collaborations and new projects.

So, come one, come all. We invite you to do as the young Van Gogh did so many years ago: look out the window, or to your own vibrant imagination: make what has not been seen, seen, and share it with the world.

Elizabeth Clark Stern, chair, Education: Arts and Psychoanalysis Committee, Rebecca Meredith, Elena Richmond, Susan Persson, Lindsey Rosen, Kris Wheeler, Jeanne Castle, Joseph Canarelli.

**Calling for Daedalus and Ariadne to navigate the Labyrinth, a new experiential salon.**

Spend a few hours a month exploring different art forms—dance, singing, poetry, painting, clay—not the way you learned it in school, but feeling your way as through a labyrinth, using your intuitive processes, being present to yourself as you find your way through content and technique of these and other art forms. We need teachers and participants.

Brainstorming and planning begins on Saturdays, April 25 and May 16, 3–5 p.m. at the home of Elena Richmond, 8713 9th Avenue NW, Seattle. If you can't make it, let her know of your interest and ideas. 206-783-7326, [lainier@com-cast.net](mailto:lainier@com-cast.net).

**FROM THE SPECIAL EVENTS COMMITTEE**

## Love and War in Intimate Relationships: A psychobiological approach to couples

MAUREEN SAWYER

**T**he Alliance is proud to present Stan Tatkin, Psy.D. Dr. Tatkin will be speaking on working with couples using attachment theory and current neuroscience concepts about the body's arousal systems. The attachment drive for a secure base involves neurological and neuroendocrine systems and subsystems that determine such things as proximity seeking and contact maintenance. Couples most commonly enter therapy due to repeated, anticipated, and intense periods of mutual dysregulation whereby attachment injuries and adaptations become reanimated. In order to make the most of attachment theory, the psychotherapist must incorporate a working knowledge of the neurobiological processes that underlie all primary attachment relationships.

Dr. Tatkin will focus on the crucial role of arousal and affect regulation in the adult primary attachment relationship. His approach integrates mother-infant attachment, developmental neuroscience, psychobiological regulatory systems, therapeutic enactment, as well as the therapeutic frame and stance necessary to such an undertaking.

Dr. Tatkin is in private practice in Calabasas, California, specializing in couple's therapy. He is a veteran member of Allan Schore's study group, and

has trained with Mary Main and Erik Hesse in the Adult Attachment Interview. He is a contributing editor to a book with Allan Schore entitled *Readers' Guide to Intersubjective Neurobiology*, to be published winter 2009. He is currently coauthoring a new book entitled *Love and War in Intimate Relationships* with Marion Solomon, due out in fall 2009.

**Love and War in Intimate Relationships: A psychobiological approach to couples**

- Stan Tatkin, Psy.D.
- Saturday, May 16
- 8:30 a.m. – 4 p.m.
- Swedish Hospital, Providence Hospital Auditorium
- 550 16th Avenue Seattle
- Before May 1: \$135, \$125 Alliance members, \$60 students
- After May 1: \$145, \$135 Alliance members, \$75 students

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# Forum 2009

ANNUAL CONFERENCE OF THE NORTHWEST ALLIANCE FOR PSYCHOANALYTIC STUDY



#### **When and where**

Saturday, May 2, 2009,  
8 a.m. – 3:30 p.m. (lunch included)  
Shoreline Conference Center,  
18560 First Avenue NE,  
Shoreline, WA

#### **About the conference**

The Forum—the annual conference of the Northwest Alliance for Psychoanalytic Study—is once again offering enriching and delightful presentations, discourse and dialogue. Focusing on aspects of clinical life, you will find:

- envy,
- things hidden for all to see,
- a toad and a talking tree,
- courage,
- groping for words,
- Psyche walled-in,
- unwelcome children,
- painting elephants,

- selves embodied and not,
- psychic reality and the flip side,
- enactment and effectiveness,
- and more, much, much more.

#### **Presentations**

We will have twelve presentations in all—four each in three sessions—two sessions in the morning; one after lunch. In alphabetical order by presenter, the offerings are:

- Bob Bergman — “Envy: Two case histories”
- Peggy Crastnopol — “Hidden in Plain Sight”
- Ann DeLancey — “The Toad and the Talking Tree”
- Judy Eekhoff — “The Courage to Engage”
- Jay French — “On Groping for Words”

- Lane Gerber — “Reflections and Associations on Reading Ferenczi’s *The Unwelcome Child and His Death Instinct*”
- Karol Marshall — “The Embodied Self”
- Mirta and Robert Oelsner — “The Reciprocity of Psychic Reality”
- Bev Osband — “Courage and Psyche”
- Susan Persson — “Coming Through the Wall”
- Trip Quillman — “Neuroscience and Therapist Self-Disclosure”
- Bob Campbell — “Pathological Consequences of Arrested Adolescent Rebellion”

**Lunch and annual meeting**

In keeping with tradition, we look forward to a lunch where we can sit with each other over a light and delicious meal of salmon, veggies, pilaf, and salad. If you have special dietary requirements, please call Sharon Chamberlain at 206-285-5543.

The annual meeting at lunch will highlight current happenings in the Alliance as we celebrate our

20 years. We are fortunate to have some of our founders who will share their recollections of and reflections on the earliest years as the Alliance took shape.

You are especially welcome if you are new to the community, and please introduce yourself at registration. The Forum is a wonderful place to make connections, so important for all of us who do this work.

**Registration**

Brochure and registration forms will be available soon and will be mailed to all Alliance members. If you do not receive a brochure, you may request one by calling Sharon Chamberlain at 206-285-5543 or Gail Rosenberg at 425-821-2121, or download the information from our website [www.nwaps.org](http://www.nwaps.org). You can also send a check made out to NWAPS and mail it to David Allen, 12221 NE 8th Street, Bellevue, WA 98005.

Before April 21:

- \$105; \$95 for Alliance members
- \$70; \$60 for student members

After April 21:

- \$115; \$105 for Alliance members
- \$80; \$70 for student members

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# alliance

the northwest alliance for psychoanalytic study

*Note from editors:*

*The Alliance is celebrating its 20th anniversary. We asked for reflections on the Alliance and are pleased to share the following thoughts.*

## The Alliance: A beginning

**MEL KNIGHT**

*Truth like love is never complete.*

The Northwest Alliance for Psychoanalytic Study has been, for me, not so much an organization as an attitude. Some twenty years ago, in the formative years of the Alliance, many if not most of us were newly minted practitioners in our separate disciplines. We were clinical social workers, licensed marriage and family counselors, psychologists, licensed mental health counselors, psychiatrists and educators from a variety of different perspectives. We knew that we had a lot to learn about doing the actual work of psychotherapy. We also knew that at the time there were few, if any, train-

ing programs in Seattle to provide seminars and classes we needed.

All but one of the free standing training programs we now enjoy did not even exist at that time; there was no Northwestern Psychoanalytic Society, no C. G. Jung Society, no Northwest Center for Psychoanalysis, no Center for Object Relations. Even the established and tenured Seattle Psychoanalytic Society and Institute was not offering its popular two-year certificate in psychotherapy.

So we had to start from scratch and ask a few very basic questions like: where will we find enough senior colleagues to teach us? Should we cast the net broadly, e.g., nationally, or limit ourselves to local instructors? Who would we welcome to join us in this endeavor? Would the basic criterion for inclusion be academic credentials, or simply a desire to learn?

Out of the dialogue and discussion concerning goals, the Alliance Master

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Clinicians Series evolved. It was a nine month program requiring one weekend of classes per month. The decision to invite nationally recognized clinicians resulted in seminars taught by the likes of Stephen Mitchell, Jim Grotstein, Charles Brenner, Anna Ornstein, Charles Spezzano, and Fred Pine.

The community response to the series was strong and positive. In retrospect, I think that the early leadership—especially under the guidance of Beverly Gorsuch, Karol Marshall, and Roy Barsness helped us to get it right. What did right mean? First, it meant a commitment to openness in the learning process: a belief that framing the right questions is sometimes more important than arriving at the right answer. Inquiry trumped creed. Second, inclusion and diversity were the key to growth and morale. This pair of values led to a structure of the Alliance that was more horizontal than vertical. We knew we were all in this together; to both teach and learn from each other. Finally, there was a broad-based realization of, and respect for each other, often despite disagreement regarding theory and/or technique.

Finally, the truth, for us, was more a verb than a noun. It required the courage to admit our limitations, and to have a genuine appreciation of the wisdom that was available from our senior colleagues.

That was then. It is also now. It makes me smile when I think about how much of the original spirit of the Alliance has not only survived but is thriving. Is there an example? Yes. It is truly a pleasure, and an inspiration to see how the leadership of the Northwest Alliance has continued to evolve and bring together psycho-

analysis and the arts: dance, painting, poetry, sculpture and theatre; once more providing an avenue for truth—to find us.

## Democracy & diversity

EUGENE J. STEIN

*[A letter to Jim Oakland originally published in the Alliance, December 1995.]*

The Alliance is a rare organization. It is unfortunately unusual for various psychotherapeutic disciplines to come together to foster knowledge in such an egalitarian way: the Forum represents the very essence of this openness.

The founders should be proud of the impact the Alliance has had on an ossified psychoanalytic community. The explosion of psychoanalytic offerings and organizations represents the full flowering of the ideals of the Alliance.

It seems to me the Alliance should continue its role of fostering democracy and diversity within the psychoanalytic community. As psychoanalytic organizations proliferate, there is a risk of the Balkanization of the community—a *we vs. them*, embattled mentality about *tribal* truths.

The Alliance has an important role in coordinating the activities of the analytic community, perhaps even spreading the word to the community, perhaps even spreading the word to the community at large. But, in my view, the most important role of the Alliance will be to guard the hard-won democratization and openness of the Northwest analytic community.

## Meditations on the Alliance

ANN DELANCEY

- An experience that enlivens whereby each of us is changed by virtue of the ideas, thoughts, and experience of the other.
- A community of learners and teachers, unencumbered by ideologies, political persuasions, identifications with others that obscure our identification with our own true selves and connection with the authentic core of the other.
- My ideal of comity.
- A respect for the thoughts of the other.
- A transgenerational immersion into growing, where young learn from old and old from the young.
- The relative absence of hierarchical authority making for a grass roots movement towards ideals.
- A place where free association looms large and leads to endless chains of thoughts and action.
- An interactional process where spontaneous thought, scaffolding of self esteem and ambitions, wishes, and worries slosh together and evolve.
- A pool where the vulnerable stick their toes in the water. A dynamic symbiosis between multiple antitheses.
- The power to evoke human responses and creative endeavors.
- Somewhere that meditative minds together find significance. An acceptance of messiness and getting there.
- A celebration of evolution and our place in that process.
- A part of the something-more of existence.

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## Potential Space

TERRY HANSON

*[Originally published in the Forum, September, 2006.]*

The Alliance board uses the image of potential space to describe the kind of organization we aspire to be. This concept comes from the work of Donald Winnicott who describes in his wonderful book *Playing and Reality* the life space that develops between people, initially between baby and mother and continuing throughout life, that for him is the source for all genuine growth and creativity. This is a space always dynamically *in between*: in between two people, in between inner life and outer reality, in between a sense of me and a sense of not me. It is potential because it is never static or fixed but always in need of regeneration and available for new possibilities.

Can an organization like ours be a potential space? Winnicott is saying that development always occurs in partnerships, in interactions, in shared spaces. Can an organization promote and nurture such aliveness? It's difficult. We all have lots of experiences with organizations, and we all know how easily they become static and rigid, rather than potential and generative. I suppose they just mirror here what we all struggle with in our own individual personalities.

Aspirations can help. To have the intention for an organization that remains open to new potentials, new spaces, new interactions, can provide some balance to this inevitable rigidity of organizational life. Organizations do, I think, develop atmospheres, a

group feel that reflects something of its openness to the kind of process Winnicott is exploring. I think an organization can develop structures and processes in its life that either promote or hinder the emergence of creative life spaces.

[Reference: Winnicott, D. (1989). *Playing and Reality*. New York: Routledge.]

## Gratitude

ANN GLASSER

Today I attended an Alliance meeting and as we concluded Kris Wheeler asked us to reflect on what the Alliance means to us and perhaps write up our thoughts for the *Forum*. As I mulled over her request, I thought about the morning's meeting, how satisfying it had been, both emotionally and intellectually. We had gathered to discuss issues related to supervision, a topic that had been on my mind a lot during the week and which I had never discussed before in a group with fellow colleagues. I recalled how I felt walking into the room at the Good Shepherd where we were to meet, how relaxed I felt and continued to feel as twelve colleagues arrived (some deeply familiar, some new) and we began to open our experiences to one another. It wasn't all sweetness and light. I felt pain at various points in our discussion. But because there was no hierarchy in the group, no sense of insiders and outsiders, no orthodoxy being either defended or attacked, the overall feeling was one of collaboration and communication. I found myself thinking and talking about the

topic in a way that helped me to hold my experience as a supervisor and think about it more clearly. I began to muse about a reading group focused on the work of Harold Searles.

As I reflected back over the morning, I thought to myself that the primary way I experience the Alliance is as a functional family, inclusive, respectful, non-hierarchical, welcoming, protective of thought and dreams.

Later in the afternoon, however, as I was walking my dog on the Burke-Gilman Trail and pondering writing something for the *Forum*, I became aware of another association that I have to the Alliance. At the end of the morning's meeting, Bob Berley had drawn together some ideas by way of closing, and I realized, in retrospect, how much I had experienced him providing a kind of benediction for the group. I smiled to myself as I recognized my transference onto Bob and the group of my childhood experience of attending church services, concluding so often with a benediction. This set in motion a whole other series of associations about my transference to the Good Shepherd Center itself, as a church community in its best sense. As I continued to walk my dog, I played with the idea of a psychoanalytic benediction, an Alliance benediction, and this is what I came up with. I know it's a little wacky (feel free to chuckle), but it does convey my feeling of deep gratitude for the Alliance:

*Wherever you are on the journey  
that is psychoanalysis  
May the spirit of the Alliance be  
with you.  
Go in peace.*

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## Thank you

**ELIZABETH CLARK STERN**

My participation in the Alliance has opened doors for me I never dreamed existed. The spiritual and financial support of the Alliance and the Jung Society allowed us to perform the play *Out of the Shadows, a Story of Toni Wolff and Emma Jung*, at the International Congress in Capetown. There, we were the envy of analysts across the world. So many expressed consternation that a team of clinicians of very diverse clinical orientations could create such a work of love and collaboration. “The Freudians and Jungians in our town only fight,” one man said. “You are so fortunate, in Seattle.” Indeed, we are truly blessed, and I am deeply grateful.

## Musings on the history of NWAPS

**SHIRLEY BONNEY**

Recently I was sitting in Janice Hickey’s living room with other therapists and supervisors of the Clinic Without Walls to celebrate the good work being done in the clinic. It was a delightful evening with many new faces and a few of us old-timers who were there when the Alliance began. The scene that night was not unlike the evening that about thirty people gathered in Bev Gorsuch’s living room to talk together about the idea of

having a multidisciplinary organization where the common thread was not one’s academic training, but one’s interest in psychoanalytic thought. It was an evening met with a great deal of enthusiasm around the richness of bringing people of similar interest together without hierarchy. While now it seems odd, the Alliance began at a time when it was the exception for a psychoanalytic institute to allow social workers to train to become analysts. I think the Alliance has been a part of what has brought such change to our community.

That evening at Janice’s people talked together about the open, welcoming atmosphere that typifies the Alliance. It is that atmosphere which has provided the creative space that has generated projects like the clinic. I remember when the clinic was a vision of Jeff Eaton and Tom Saunders, and all the hard work and energy that went into addressing all of the issues to serve the first client. The idea of the clinic was to serve people who would not otherwise have access to services, and that it has. One therapist spoke warmly of the meaningful changes his client had been able to make in therapy and how gratifying it has been to be a part of that process. And now the clinic continues and is growing with new people involved. The Alliance has introduced venues where we come together and share, whether presentations at the Forum, or art work and poetry at the Potential Space. It is the safety of the space we call the Alliance that has allowed us to risk such exposure, and with such risk has come a great deal of reward for many of us. I am so thankful to be a part of such a rich history and look forward to seeing the developments of the next twenty years in the Alliance.

### **Presidents of the Alliance:**

Beverly Gorsuch  
Karol Marshall  
Mel Knight  
Wynona Morrison  
Jim Oakland  
Shirley Bonney  
David Jachim  
Ann DeLancey  
Ginger Harstad Glawe  
Terry Hanson  
Marcia Robbins  
Barbara Walkover

## Creative community

**ELENA RICHMOND**

At age ten, I read about a woman undergoing psychoanalysis in my mother’s *Good Housekeeping* and knew immediately that one day I would do the same. Always precocious, I knew even then that I was what was called “depressed” in a family that both incubated depression and denied its existence.

As I grew up, I found that I was a writer-poet, an artist, a singer, a teacher, and a meandering thinker. These tendencies and abilities that bubbled beneath a depressed personality, kept me afloat during years

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of therapy. But when my therapist became an analyst and moved a couch into the office, I started lying down on it. There I found the analytic and creative terrains to be similar, and as we moved along in the analysis, the shards within me found a way to form the prism of a self I could recognize and love.

But where does one go post analysis when many of her acquaintances think she might be in some kind of penis envy cult? The Alliance, which I joined initially in order to participate in the Potential Space, has given me a community where I have found other artists, other meandering thinkers and people who don't mind wearing their Freudian slips on top of their clothes.

## Gratitude

MAUREEN SAWYER

Being on the Alliance board has meant many different things to me over the years, but there has been one constant and that has been to be a part of a board and an organization that has been so dynamic and resilient, so creative, and so caring and giving even amid times of turmoil and uncertainty. I have had the honor of working with so many wonderful people over the years, board members, committee members, and presenters. Thank you all for the incredible privilege.

## Death and the Alliance: A train of associations

SHIERRY NICHOLSEN

The day of Obama's inauguration I experienced a surprising combination of feelings: on the one hand, the sense of background gladness that has been with me since his election, combined with a sense of solidarity with the people all around the world for whom his election is a momentarily wonderful symbolic event. And on the other hand, a terrible sense of depression. I discovered that several of my patients experienced the same strange conjunction of happiness and depression. Trying to think about it is what led to this little piece.

What came into my mind that day as the articulation of my depression was the last line of Rilke's last poem—really, his last entry into his journal, shortly before he died: “Niemand, der mich kennt”—“No one who knows me.” Such a contrast to the sense of worldwide solidarity I also felt! Rilke's poem is about experiencing his coming death. The central image is of being burned at the stake:

*Come, you final one; I recognize you,  
unhealable pain in the body's frame.  
Just as I burned in spirit, look,  
I burn  
in you.*

It is the sense of isolation in futurelessness that brought the poem to me, I think. The poem ends:

*Completely pure, without plan, free  
from the future  
I climb the mad stake of suffering.  
...*

*Is it still I who burns here,  
unrecognizable?  
I bring no memories into this with  
me.  
Oh life, life! To be outside...  
And I in flames. No one who knows  
me.  
(my translation)*

Reflecting on how I resonated with this poem, I thought that my conjoined sense of solidarity and depression had to do with recognizing the necessary solitude of physical pain and death. And certainly that resonated with the experience of Obama's inauguration: It followed Martin Luther King's day and no matter how important a step it was, it could not undo King's death or all the suffering that black and colonized people everywhere had experienced and continue to experience.

Of course with the inauguration there is a bittersweet sense of reparation. Nothing can erase the suffering, but at least some of it was not in vain. The week before, Bev Osband had presented the film *Sophie Scholl: The Final Days* in the Alliance/COR film series. Sophie Scholl was a 21-year-old student in Munich, part of the White Rose, a group distributing leaflets in the early 1940s to let the German people know what was really happening in Hitler's war. She was arrested and executed. The Nazi officials tried to convince her and others that their efforts had been useless and would be forgotten, that their work had been in vain. But certainly it had not: The night before she died, Sophie Scholl dreamed that she was carrying a baby up a mountain. An abyss opened up in front of her and before she fell into it she was able to get the baby across to the other side. The movie ends with one of the group's leaflets being distributed by plane, thousands of

copies descending on Germany. And the White Rose is an example of resistance that young Germans could hold onto to after the war. And of course, Obama's election says among other things that the civil rights work in the U.S. was not in vain. Nor was Rilke's writing.

Then I tasked myself how this train of thought applies to solidarity (or alliance) in general and to the Alliance in particular. Ten days before the inauguration I attended my last Alliance board meeting. I had been a member of the board for many years but was now leaving the board. I felt well said goodbye to by the rest of the board, and known and appreciated, of course to different degrees depending on how well I knew the people, by the various Board members. I felt I would be missed, and I was sad to leave. I would regret not being part of what came next—but I didn't feel devastated, and I didn't worry about how the board would function without me, and I don't think the board worried about it either! This is a leave-taking, but something quite different from what I felt at the inauguration, or, I think, from what Rilke was expressing in his last poem.

The Alliance has been one of the most, or perhaps the most, unproblematic organization I have ever participated in: effective without being hierarchical; open to innovation while remaining well organized; accepting individuality while requiring responsibility; admitting conflict without abrasiveness or violence. I have always felt comfortable being myself and bringing my ideas. The feeling of support and solidarity has been accompanied by my sense of ultimate responsibility for myself. And this has stood the test of time.

### Alliance members who have served on the board:

Roy Barsness	Beverly Gorsuch	Keith Myers
Robert Berley	Jo Hadlock King	Shierry Nicholsen
Sue Betts	Terry Hanson	Jim Oakland
Shirley Bonney	Janice Hickey	Bev Osband
Jay Bottjer	Jo Hollingsworth	Carol Poole
Carla Bradshaw	David Jachim	Pamela Powel
Kim Brotherton	Carol Jung	Marcia Robbins
Lynn Buell	Mel Knight	Maureen Sawyer
William Carr	Donna Lee	Lee Scheingold
Marilyn Cipriani	Scott Leiter	Audrey Schiffman
Ann DeLancey	Al Lew	Stephen Shehorn
Jeanette Dyal	Karen Lindner	Elizabeth Sloss
Jeffrey Eaton	JoAnn Mills Marshall	Morry Tolmach
Bill Etnyre	Karol Marshall	Barbara Walkover
Claire Foote	Stacey McFarland	Kris Wheeler
Judy Susan Friedt	Richard Miller	Roger Wilsie
Ginger Harstad Glawe	Wynona Morrison	Sal Ziz
	Roberta Myers	Stan Zuckerman

I had thought of calling this little piece "Alliance and Death," referencing the conjunction of togetherness and separateness in life as in the Alliance, but that doesn't really work. In a recent conversation, Terry Hanson remarked that the Alliance, unlike many if not most psychoanalytic institutes, hadn't been traumatized. I think that is the key. Trauma resonated with me and others at the inauguration, but it doesn't resonate with me and the Alliance (even though perhaps a traumatic sense of

exclusion from mainstream psychoanalytic training was part of what led to the founding of the Alliance). I think this is the real meaning of "good enough"—the good enough organization, like the good enough parent, doesn't leave a residue of trauma or a worry about whether suffering has been in vain. How rare, rather than how ordinary!

[Reference: Rilke, R. M. (1963). *Saemtliche Werke*, Vol. II. Frankfurt am Main: Insel Verlag, p. 511.]

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## Lunch with Morry

BEV OSBAND

As the publications committee met to think about this issue of the *Forum*, we were aware that over the past twenty years numerous individuals have brought their particular talents and skills to various aspects of the Alliance. One such person, honored several years ago for his many contributions to the Alliance, is Morry Tolmach.

Intent on learning about Morry's relationship with the Alliance, I set up a time to meet with him, assuming that I would interview him about his experiences with the Alliance. I imagined that he would answer my questions, that I would take notes, and then write this piece. As I took out

my pen and notebook, Morry said, with a gleam in his eye and a smile, "If I were supervising you, I wouldn't let you take notes. You can't look at a person if you're taking notes." With that caveat, I put pen and paper aside and we began what turned out to be a lively and most pleasurable conversation.

Morry reminisced about how he came back to Seattle in 1991, where he had trained and worked as a young man. He had graduated from the UW School of Social work and worked at the Seattle VA Mental Hygiene Clinic for a number of years, under the supervision of Fritz Schmidl. Morry and his wife, Faye, had long dreamed of coming back to Seattle, but were apprehensive about leaving an established practice and his function as program chairman of the APA Division 39. He had left Seattle in 1959,

and Faye had never lived here. There was no telling how long it would take to become established again. All their Los Angeles friends said they were crazy, but with many misgivings they decided to come. Morry was inspired by his parents' courage and boldness in their coming to the United States as young immigrants, starting from scratch. Faye and Morry were excited but fearful of the uncertainty.

Morry had had prior contact with Jim Oakland, and soon after moving here Jim took him to his first Alliance meeting. Jim introduced him to Mel Knight, the president, and one of the founders, Karol Marshall, immediately invited him to lunch. Morry was quickly drawn to the Alliance because of its inclusiveness towards many different psychoanalytic perspectives, as an umbrella organization for anyone interested in psychoanalytic ideas. People of many backgrounds came enthusiastically to the meetings out of their love of learning.

"In retrospect, what a nice way to come to a place where you're basically unknown, to be brought in quickly, in such a personal way, which made the unknown a lot less scary to both Faye and me," said Morry. "We had an organization that would help us to become what we hoped to become. And it was such a good thing as outsiders to be welcomed personally, and to find such a supportive community. It made all the difference to us."

Morry quickly became active on the Program Committee. Eventually, he became a board member. Morry's recollection is that the Alliance needed to redefine its purpose, probably because the educational responsibility was now being taken on by several new organizations. He and Kris Wheeler developed the idea

### Topics for the *Forum*:

Dreams	Hate	Punishment
Listening	Compassion	Citizen therapist
Memory	Passion	Corners
Truth and lies	Body	Spirituality
Narcissism	Forgiveness	Mentor
Love	Aging	Money
Time	Shame	Falling apart
Attachment	Humor	Dancing
Compliance/ cooperation	Doors	Knots
Desire	Death	Hope
Male/female	Hunger ... greed	Alliance

to expand the Alliance newsletter from a small calendar of events to a publication that would become a journal for psychoanalytic reflection and include wonderful drawings about emotional states of mind. They wanted it to become a forum for membership participation. Each issue would feature a central clinical topic that the membership would be invited to write about. The editors would ask different people to contribute articles, statements, or poetry on the topic, reaching out to people who might not otherwise get enough attention. They felt it was very important for people to be able to make a contribution. The leadership was very responsive, and Laura Pizzuto, an artist, contributed beautiful drawings to every issue for years. The president, Shirley Bonney, took a big risk in committing generous resources and supporting the effort all the way. The *Forum* remains an inspiring publication under the editorship of Kris Wheeler and Ginger Harstad Glawe.

As we were bringing our conversation to a close, I asked Morry what he hoped for for the next decade of the Alliance. He hoped the Alliance would remain an umbrella under which clinicians of all orientations could continue to meet, to read, write, and discuss psychoanalytic ideas; that it was this umbrella quality that had drawn him to the organization 18 years ago and he hoped it would remain. Morry also thought that it remains very important to be able to take bold actions, personally and organizationally, but also how necessary it is to be able to get help, and to make a personal contribution. He thinks the Alliance provides those opportunities.

### **Out-of-town presenters the Alliance has sponsored:**

John Lord Alderdice	Jay Greenberg	Harold Sampson
Joseph Bargo	Jim Grotstein	Franco Scabbiolo
Gertrude and Rubin Blanck	Yvonne Hanson	David Scharff
Ira Brenner	Karen Maroda	Allen Schore
Charles Brenner	Albert Mason	Jeffrey Seinfeld
Phillip Bromberg	Charles McCormack	Calvin Settledge
Christopher Bollas	Joyce McDougall	George Silberschatz
Karla Clark	Stephen Mitchell	Charles Spezzano
Michael Eigen	Arnold Modell	Martha Stark
Velia Frost	Sue Norrington	Robert Stolorow
James Gooch	Anna Ornstein	Joseph Weiss
Shirley Gooch	Morris Peltz	
	Fred Pine	



## ALLIANCE COMMUNITY PSYCHOTHERAPY CLINIC

### ACPC news

JANICE HICKEY



**A**CPC continues to be an “experiment in generosity” and a “win-win-win.” We achieve this by providing long-term psychotherapy for an underserved population, offering training for clinicians new to psychodynamic theory, and affording the opportunity for senior clinicians to give back to their professional community through consultation. We are imagining in the light of the economic downturn the need for low fee services will only increase. Fortunately, after having to close the waiting list, we have recently been able to again offer services to new patients. We have had several new therapists join the clinic, several patients complete their two years with an ACPC therapist and have been taken into their private practice, and two therapists have agreed to each see two patients. We are now serving 27 patients—the most the clinic has served at one time.

The clinic also continues to offer training to the volunteer therapists. Training comes in the form of weekly consultation with a senior clinician. In addition, volunteers have the option to join one of two ACPC consult groups facilitated by senior clinicians, to participate in the quarterly seminars offered, and to attend the case consultations presented three times a year. All is offered free of charge. And

invariably what I hear from the senior clinicians providing these services to the volunteer therapists is a deep satisfaction in being able to give back to their professional community. They often feel well paid. One senior clinician said it quite well: “It is time for us to have our professional children and grow them up well.”

The consultant’s gathering, now held every other month, is growing both in size and enthusiasm. At the January 24 meeting, we read an article by Ogden on supervision. We were able to play with and explore Ogden’s idea of dreaming the patient and the therapist. And we continue to grapple with the spectrum of consultation—supervision—therapy. Our next meetings are on March 28 and May 16 at the Good Shepherd Center. I will be e-mailing all consultants a PDF of the next article by Searles that we will be discussing.

The clinic had our second annual open house on January 24. It was a time to enjoy each other’s company, meet new friends and colleagues, and toast both the hard and important work that the clinic volunteers do. One of the therapists at the open house said it all, “The ACPC clinic rocks!” I voiced a particular heart felt thanks to the Operations Committee for really making the continuation of the ACPC project viable.

And finally we are looking ahead to the fourth annual “How Does Psychotherapy Work?” conference which will be Saturday, June 6. Dr. Karen Maroda will be presenting that day from her new book, *Psychotherapy Techniques*. Dr. Maroda writes about clinical technique within the philosophy of sustaining a mutually created and flexible therapeutic relationship. Dr. Maroda is known for not being shy about speaking to some of the more difficult therapeutic issues such as regression, self-disclosure and therapeutic confrontation. The day will be designed to include clinical examples and plenty of opportunity for audience participation.

#### Save the date!

- Fourth annual “How Does Psychotherapy Work?” conference: “Show Some Emotion”
- Karen Maroda, PhD
- Saturday, June 6, 9 a.m. – 3:30 p.m.
- Info: Janice Hickey 206-633-1018 or [jhickeymsw@gmail.com](mailto:jhickeymsw@gmail.com)

## Potential Space

CAROL POOLE

Potential Space:  
Arts and performance event  
Saturday, October 3, 2009

When I was a student at Evergreen State College in the late 1980s, one of the college's writing professors taught me that a difficulty many people have with writing is that the internal critic is so much stronger and more strident than the creative voice. For me and many of my classmates, this meant sweaty-browed hours of trying, *trying* to have something to say and to get it onto paper unmangled by the legions of imaginary critics—bored, disdainful, pained, or dismissive—who were always hovering near, tongues sharp as red pens.

If the imaginary critics could have been challenged to explain themselves and their motives, I suppose they might have pointed out that criticism per se is not destructive. In fact, well-applied criticism hones an idea into a successful work of art. And maybe for some lucky individuals the inner critic is always a natural friend to the creative imagination. But many people find that it takes years of work to develop a functioning, reasonably peaceful alliance between critic and artist.

In fact, I think this is one of the hard-to-define excitements one feels in witnessing successful art. Seeing the evidence of artist's journey in the creative tension between self-love and self-criticism is like watching a tight-rope-walker reach the other side. It takes courage to make art, and seeing art inspires courage. When an idea, a perception, an element of the artist's thought or experience survives translation into a medium, the communication is rich and inherently exciting to receive.

If art is communication, then distinctions of high and low aren't so

meaningful. What matters is whether or not it has energy, whether something changes in the recipient in response to the artwork.

I'm writing these thoughts because once again it's time to start thinking about the next Potential Space arts and performance event for Alliance members and family. This year—the fifth!—the Alliance will host on Saturday, October 3, an evening of painting, sculpture, photography, collage, ceramics, and sketches, along with poetry and drama readings, dance, and music.

I'd like to extend a warm invitation to artists and performers—Alliance members and their families—to participate this year and invite everyone to come enjoy the energy (and the wine and hors d'oeuvres). Thanks to the brave and generous souls who share their work each year, the Potential Space has developed an enthusiastic and appreciative spirit, and artists and performers have responded with work that sometimes dazzles, sometimes murmurs, but always reflects its maker's sincere engagement with psyche.

This year, the Potential Space will begin at five in the evening with an arts reception and then, a little later in the evening, performances will begin.

If you have an idea and want someone to discuss it with, or if you have suggestions or comments about this or past years' Potential Space events, please contact me or anyone in the organizing committee, including (but not limited to):

- Carol Poole, 206-390-7875,  
[cpoole@speakeasy.net](mailto:cpoole@speakeasy.net)
- Rebecca Meredith, 206-979-7456
- Elizabeth Clark Stern, 206-720-1500