

# F O R U M

THE ALLIANCE

THE NEWSLETTER OF THE NORTHWEST ALLIANCE FOR PSYCHOANALYTIC STUDY

SEPTEMBER 2009



courage

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### Alliance newsletter

Published three times a year. To offer submissions, contact:

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E-mail submissions to Ginger or Kris, preferably as a Word attachment.

If this is not possible, send the submission as an e-mail message.

**Deadline for submissions to the next newsletter is November 1, 2009.**

Publications Committee: Ginger Harstad Glawe, Kris Wheeler, cochairs; Jeanne Castle; Joanne della Penta; Susan DeMattos; Joan Dinklespiel; Kathy Knowlton; Rebecca Meredith; Bev Osband; Helen Palisin; Carol Poole; and Marcia Robbins. Newsletter design by Dennis Martin Design, 206-363-4500. Special thanks to Joanne della Penta for the cover artwork.



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## FROM THE EDITORS

# Courage, passion, and generosity

GINGER HARSTAD GLAWE & KRIS WHEELER

**O**ur topic for this issue is *courage*. It has been on my mind as I have been reviewing the Alliance member survey which Scott Leiter devised, sent out, and tabulated. (The results are now posted on our website at [www.nwaps.org](http://www.nwaps.org).) There are many good suggestions for improvements and offerings. The committee chairs have written in their reports preliminary thoughts about how these suggestions may be implemented.

One theme about the suggestions caught my eye: it seemed as though some members were not sure about how to get their ideas in motion. Do they have to wait for an invitation? Is there an in-group which ordains what can happen in the Alliance? One of the marvelous things about the Alliance is that it really is a volunteer organization: any member can offer an idea to the pertinent committee or to the board and the idea will be considered. If it is feasible in terms of resources and if it fits with the mission of the Alliance, the project can be undertaken. It is wondrous how many fine offerings result from these volunteer efforts. That said, it is true that it is a risk to put forward one's proposal.

Another thing about the Alliance: those who have the ideas are usually the ones to implement them. Even if you have a truly great idea, if you are not in a position to set it in motion, it probably won't happen. We all seem to be in short supply of time and energy, so only those projects we're passionate about will induce us to make the sacrifices they entail. People who talk about the projects they do volunteer for often say that their willingness to be generous with their resources comes from their gratitude to the Alliance or to the larger community.

Our view about becoming involved with the Alliance is that it involves the courage to meet risk with passion and generosity in the context of

support from other Alliance members. Luckily, the Alliance has passion, generosity, and support in abundance.

The *Forum* serves as a newsletter for the Alliance, as well as an opportunity for members to offer their thoughts, either on the topic or on some theme which interests them. We always welcome your writing, including articles of scholarship. In this issue, for example, Lane Gerber and Terri Lee were kind enough to rework talks they presented so that they could appear in our pages. It takes a great deal of work to do this rewriting, and the community is enriched by it. We hope you will consider sending us a written version of your talks too. Please consider yourself invited to submit your writing. (Take courage!)

You may notice in this publication a new format. After the introductory letters from the editors and president, we have placed announcements for upcoming Alliance events. Next is writing on the topic and other featured writing. Committee reports follow the creative writing section. It is here that the workings of the Alliance are publicized so that all members have access to the inside information. It is also here where you may see where you are drawn to volunteer your talents. Finally, the community calendar features events from all the psychoanalytic groups which provide the information to us. We hope that a more predictable format will make it easier to find something of interest and will make more transparent the multiplicity of processes which come together to manifest the Alliance's creativity in our community.

— *Ginger (and Kris)*

## How it seems to work: Keeping the conversation going



We have all had a chance to peruse the results of last fall's membership survey (posted on our website [www.nwaps.org](http://www.nwaps.org)) and have seen the range of ideas that came back to the board. Among the many suggestions for improvement came a clear request for greater transparency as to the workings of the organization. This column presents me an opportunity to share a bit of board process and say something about how the structure of the organization appears to a relatively new board member.

One first encounters a striking degree of decentralization: the board is itself an alliance. This alliance within the Alliance is among the committee chairs who oversee projects and the officers who are charged with various integrative tasks. The tremendous work that goes on in this organization happens in the committees who produce events, classes, publications and manage the ACPC clinic. The operational assumption for many years now has been that projects should cover their own costs. Committee chairs are charged with setting their own budgets that aim to break even, keeping our fees as low as possible and our offerings accessible. Thankfully some of our projects do generate funds that cover those that end up needing assistance. I am happy to report that we are not only solvent but able to hire this year a part-time

administrative assistant whose support will add to consistency across our projects, help to streamline a complex accounting system and make some of the tasks of the board less onerous.

The addition of this position represents a subtle but definite shift to a slightly more weighted center. How did such a thing come about? From an initial idea there ensued a rather lengthy series of proposals, objections, discussions, and re-conceptualizations both at the quarterly board meetings and in the Executive Committee. (The Executive Committee is composed of the executive officers, the clinic director, and two other board members. It attempts to digest the pressing issues facing the board, research possible solutions, and formulate proposals for the board to consider.) In the end, the process, well shepherded by Marcia Robbins, produced a collectively created proposal that adds benefit to the functioning of the organization without burdening the committees. The new position will support the chairs and hopefully increase our capacity to respond to the needs of the membership while fulfilling the aim of the Alliance to foster a broad range of psychoanalytic study in our community.

So let's return to the survey. "How about more offerings exploring the depth of psychoanalytic treatment as well as the breadth?" some of you asked. And what about the *real time* accessibility of small seminars that fill too fast? These are important chal-

lenges for us to meet if we are to keep thriving as we have to date. But from what I have seen in this past year we have a structure that can absorb challenges, make changes in the most responsible and careful way, consider new initiatives, and process disagreement. As we keep a conversation going, persistent needs and problems find their way to resolution.

At our June meeting, as we were checking in with each other, welcoming Barbara Grote and saying farewell to Sal Ziz, a theme emerged of how hard it can be to join any group. A number of us spoke about feeling on the outside of an imagined inside both within the board and, at various times, at Alliance events. That part of the conversation added a very fresh and immediate dimension to our discussion of another of the results of the survey, namely the desire of many members for more opportunities actually to get to know each other. We'll be working on that too.

As I begin my term as president, I am looking forward to supporting the continuation of those processes already in place as well as expanding the Alliance offerings. I will do my best to be clear about what we are doing; how we are doing it; and how you, should you be interested, might think about joining the enterprise.

FROM THE EDUCATION COMMITTEE/COURSES

## Alliance educational offerings

*Seminars are free to Alliance members. Classes include a fee. Contact instructors for questions and to register.*

### FALL SEMINARS

#### Exploring the Role of Narrative in Clinical Work

- Ginger Harstad Glawe, 206-985-8951
- Tuesdays: October 6, 13, 20, 27; 7:30 – 9 pm
- 7018 31st Ave NE, Seattle

One of the challenges in clinical work is speaking in ordinary language the evolving truth of the patient. Stories are a way to: accompany, bear witness, regulate affect, facilitate transitions, and promote transformation from the inside out. We will reflect on aspects of story telling such as the role of observation, the music, sequencing, coherence, relevance, spaciousness, and feelings.

#### Therapy Errors and Mistakes: Recovery and reversal

- Mel Knight, 206-282-5100
- First and third Thursdays, September 17 – December 3; 7:30 – 9 pm.
- 3240 W Viewmont Way W, Seattle

This seminar explores the topic of therapist errors (with somebody who has experience). We'll think about: whether and how errors may be used to promote healing, gifts, fees, the use of touch in sessions, enactments, self-disclosure, and termination. We will read from Casement, Searles, and Langs, and participants are asked to bring material from their own experience as patients and clinicians.

### FALL CLASSES

#### An Improbable Conversation: Exploring psychotherapy

- Jeffrey Eaton, 206-548-9293
- Mondays: Sept 14, 21, Oct 5, 19, 26, Nov 2, 9, 16, Dec 7, 14; 7:30 – 9 pm
- Fee: \$300

I will offer a personal model for investigating the external and internal conditions of the therapist's meaning-making process. Our focus will be on trying to witness and describe the complexity of the therapeutic process. There will be no assigned reading. Topics include the therapeutic setting, the task of observation, levels of listening, the use of the self, and analytic intuition.

### WINTER SEMINARS

#### Affect Regulation, Attachment, Trauma, Neuroscience, and Psychoanalysis: A clinical course

- Sal Ziz, 206-529-1164
- Tuesdays: Jan 12, 19, 26, Feb 2, 9, 16; 7:30 – 9 pm
- 4026 NE 55th, Ste E-200, Seattle

Psychotherapeutic stance and action—the being/doing in clinical work—profoundly affects therapeutic outcome. We will explore approaches to working with unconscious somatic resonance. I will bring examples of my work illustrating implicit relating, rupture/repair, empathy/intuition, and therapeutic playfulness in working with trauma and dissociation. I will encourage you to discuss your own work as you implement these dynamics.

#### Couple's Therapy: Using ourselves to untangle the web of projective identification

- Kay English, 206-300-9571, and Jenny Gardon
- Wednesdays, Jan 13, 20, 27, Feb 3, 10; 7:30 – 9:00 pm

Bringing a developmental approach to couple's work attenuates shame. Within a couple's shared space, inevitable feelings of love and hate arise. One may attempt to expel what frightens by projective identification. Using close awareness of the couple's and our own emotional and somatic experiences will aid in relocating the feelings into the individual's internal world.

### WINTER CLASSES

#### How Do You Work as a Psychotherapist? Identifying, articulating, and working with your model of psychotherapeutic process

- Sue Neell Carlson, 206-285-0412, and Kris Wheeler, 206-269-0160,
- First and third Thursdays: January – April; 7:30 – 9 pm
- 5809 43rd Ave NE, Seattle
- Fee: \$250

Most of us spend little time getting to know, let alone studying, the conscious and unconscious assumptions underlying our practice. This workshop will provide a forum to engage and develop awareness of your current model, as well as to learn from others. We will draw from readings from various psychoanalytic schools of thought, case discussion, and the weekly reflective writing of each participant.



**FROM THE EDUCATION COMMITTEE/  
ARTS & PSYCHOANALYSIS**

## Potential Space and twentieth anniversary celebration

Join us October 3, 5–9 p.m. to celebrate the Alliance's twentieth anniversary with cake and jubilant toasts.

The Potential Space celebrates twenty years of creative alliances between art and psyche, and among our diverse members.

Come ego, come id!  
Come object, come subject!  
Come one, come all, to  
an evening of painting, photography,  
dance, poetry, sculpture, music and  
drama—and above all, community.

### Potential Space

- Saturday, October 3, 5-9 pm
- UW Center for Urban Horticulture
- Info: Carol Poole, 206-390-7875 or [cpoole@speakeasy.net](mailto:cpoole@speakeasy.net)

*Every artist dips his brush in his  
own soul, and paints his own  
nature into his pictures.*

— Henry Ward Beecher

### FROM THE EDUCATION COMMITTEE/COURSES

## Annual meeting with Franco Scabbiolo

We are pleased to welcome back Franco Scabbiolo to Seattle for meetings to continue exploring the experience of the psychoanalytic process:

- Deepening the emotional world.
- The realm of the psychoanalytic models of the mind.
- The importance of values.
- The problem of motivation.
- The complexity of symbolism, of no symbolic life, and of anti-symbolism.

Following on his presentations from last year, Franco will offer his thoughts about developing a method of exploration and open communication in our work. He will extend the conversation into the development of values and intentionality in the mind and how these become a part of the therapeutic process.

### Mark your calendar

#### Franco Scabbiolo

- "Values and Intentionality in Psychoanalytic Practice"
- Clinical seminars: Tuesday & Wednesday, February 16 & 17, 7:30 – 9:30 pm
- Weekend meetings: Friday, February 19, 7:30 – 9:30 pm; Saturday, February 20, 9 am – 2 pm; Sunday, February 21, 9:30 am – 12:30 pm
- Mars Hill Graduate School, 2501 Elliott Avenue, Seattle
- Information: Terry Hanson, 206-517-4198
- Pre-conference Object Relations basics class, Tuesday, February 9, 7:30 – 9 pm
- 5809 43rd Avenue NE

FROM THE FORUM COMMITTEE

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# Call for presentations

**Northwest Alliance for Psychoanalytic Study  
Forum 2010: An Annual Conference on Theory and Practice  
Saturday, April 10, 2010  
Shoreline Conference Center, Shoreline, Washington**

The psychoanalytic community of the Northwest has a wealth of experience, training, and expertise representing much of the contemporary psychoanalytic landscape. The Northwest Alliance sponsors the Forum, our annual conference, to present and enrich this abundance.

The 21st annual Forum welcomes presentations on any subject of interest to our psychoanalytic community. Presentations/learning experiences may be in a variety of formats: experiential (e.g., clinical demo, sand tray, art therapy, somatic therapy, etc.), panel discussion, facilitated all group discussion, paper, or presentation with a variety of media. Recognizing that there are many ways to teach and learn, this year we are encouraging a diversity of presentation styles.

As always, we encourage presenters, both new and seasoned, to share their thinking, whether ideas still in formulation or work that is more polished. The overall goal of the conference is to nourish and to encourage a multidisciplinary community of learners to share and openly discuss their ideas. We welcome contributions pertaining to the psychoanalytic therapies, and to the psychoanalytic/clinically relevant exploration of art, literature, philosophy, anthropology, and history.

Presentation proposals are subject to blind review by the Forum Committee.

- Please submit via email thorough proposals or papers with a separate cover sheet that states the presentation/paper title, presenter/author name/s, your email address and telephone number, and no more than three professional affiliations.
- The proposal itself should be double-spaced and include only its title as a header, with no other identifying information.
- The total time allotted for each presentation session is 90 minutes, which includes discussion. If you are presenting a paper, please limit your presentation to 45 minutes to allow ample time for discussion.
- Please also include an abstract of *no more than 40 words* to be used in the conference brochure, which is tightly designed with room for 40 words maximum.
- Please email proposals to Michael Allison at [info@michaelRallison.com](mailto:info@michaelRallison.com).

If you have any concerns, please contact Barbara Grote at [barbaragrote@comcast.net](mailto:barbaragrote@comcast.net) or 206-330-6175.

**Submissions  
are due by  
December  
31, 2009**

FROM THE SPECIAL EVENTS COMMITTEE

# Glen O. Gabbard: "The 'Impossible' Patient"

**T**he Alliance is pleased to co-sponsor this presentation by internationally renowned Glen O. Gabbard. Dr. Gabbard is the Brown Foundation Chair of Psychoanalysis and Psychiatry at the Baylor College of Medicine in Houston, Texas. For those who do not yet know of Dr. Gabbard, you are in for a real treat. He is a prolific and prodigious author and editor of over 280 articles

and 23 books, including *Countertransference Issues in Psychiatric Treatment*, *Love and Hate in the Analytic Setting*, and *Boundaries and Boundary Violations in Psychoanalysis*. Perhaps Dr. Gabbard is most widely known for his books *The Psychology of the Sopranos* and *Psychiatry and the Cinema*.

As both clinician and researcher, Dr. Gabbard has extensive interest in personality disorders, borderline personality disorder in particular. He is also clinically interested in professional boundary violations, the mind-body interface, mentalization in borderlines, and the portrayal of psychiatrists in cinema.

- Dr. Gabbard will give four lectures:
- "The 'Impossible' Patient"
  - "Managing the Erotized Transference"
  - "The Antisocial and Psychopathic Patient"
  - "Mentalizing and Interpretation in the Dynamic Therapy of Borderline Personality Disorder"

The format also provides time for discussion after each lecture.

The following is an excerpt from a *New York Times* article that gives the reader a sense of Dr. Gabbard's clinical acumen as well as his knowledge and love of film.

◆ ◆ ◆  
**A Conversation with Glen Gabbard**

**A rare day:  
 The movies get mental illness right**

*[By Erica Goode. Published in the New York Times on Tuesday, February 5, 2002.]*

It was 1980 and the patient in Dr. Glen Gabbard's consulting room had a pressing request.

She had just seen *Ordinary People*, she told him, and in the movie, Judd Hirsch, who played the therapist, hugged Timothy Hutton, who played the suicidal patient.

"It really helped him a lot," the woman said, "so I was wondering if you could hug me."

Dr. Gabbard explained to the young woman that *Ordinary People* was a movie.

"This is therapy," he said, "and we need to use words."

"Yes, I know it was a movie," the patient replied, "but the hug helped a lot."

Where does the public get many of its ideas about psychiatry and mental illness? From Hollywood, of course.

And Hollywood, said Dr. Gabbard, who has spent many years examining the rendering of his field in the movie theater, has mostly preferred distortion and stereotype over more true-to-life representations.

## Mark your calendar

### Glen O. Gabbard, M.D.

- "The 'Impossible' Patient"
- Saturday, September 26, 8:30 am – 4:30 pm
- Swedish Medical Center/Cherry Hill Campus, James Tower, Rooms A & B, 500 17th Ave, Seattle
- Presented by Washington State Society for Clinical Social Work, Northwest Alliance for Psychoanalytic Study, and National Association of Social Workers—Washington Chapter
- This meeting offers six CME, CPE, and CEU continuing education credits of which three CEUs meet ethics and law requirements.

Yet inaccurate as such portraits are, they are also compelling.

“People don’t make distinctions between what’s reality and what’s on the great silver screen,” Dr. Gabbard said.

At the Menninger Clinic in Topeka, Kansas, where he trained as a psychoanalyst and later became medical director, patients often asked him to hypnotize them so they could recover repressed memories.

“I’d say, ‘Why do you want that?’” Dr. Gabbard said. “And they’d say, ‘I saw it in *The Three Faces of Eve*.’” ...



To see who, in Dr. Gabbard’s estimation, really gets it right in the depiction of psychotherapy in film, see the entire article at [www.nytimes.com/2002/.../a-conversation-with-glen-gabbard-a-rare-day-the-movies-get-mental-illness-right.html](http://www.nytimes.com/2002/.../a-conversation-with-glen-gabbard-a-rare-day-the-movies-get-mental-illness-right.html).

Our organizations look forward to seeing you at this presentation.

#### FROM THE EDUCATION COMMITTEE

## Thursday night meetings

*Thursdays, 7:30 pm*

*Good Shepherd Center*

*4649 Sunnyside Avenue North, Seattle*

*\$10 members, \$15 nonmembers*

*For more information, call Stacey McFarland, 206-369-1368*

#### Thursday, October 8

- “Idealization and Its Dangers in Restrictor Anorexics”
- Robert Campbell

The Education Committee has long been aware of the demand for therapists with skills in working with adolescents and we see this population as an excellent place for clinicians looking to build a clientele. Robert Campbell, MD, has years of experience to share from his work with anorexic adolescents. This presentation promises to help us deepen our understanding of a disorder that presents particular challenges.

#### Thursday, November 12

- “Money and Professional Identity”
- Sal Ziz and Dawn Loerch

“The Nuts & Bolts of Developing a Private Practice” has been a well received series by new and experienced clinicians alike, both as an educational opportunity and a setting for professionals to network and share information. This year’s sessions will focus on money, commonly a difficult or even taboo subject. Future “Nuts & Bolts” sessions are planned for the winter and spring.

#### Thursday, January 14

- “Fragmented Figure Eights: My current working model of psychoanalysis”
- Lisa Caldwell

This past summer, Lisa Caldwell completed her analytic training at NCP and her presentation may be of particular interest to anyone considering a similar course of study. Her presentation promises to help us understand the transition a clinician may experience from a psychoanalytically informed approach to clients, which most of us utilize, to one characterized by expressly analytical techniques.

FROM THE SPECIAL EVENTS COMMITTEE

## Stuart W. Twemlow, M.D., to be featured at second annual Dorpat lecture

**S**ave the date for the second Dorpat lecture, followed by a presentation for clinicians. Stuart W. Twemlow, M.D., is senior psychiatrist and professor of psychiatry of the Menninger Department of Psychiatry and Behavioral Sciences, Baylor College of Medicine; and faculty member, Houston-Galveston Psychoanalytic Institute. He is the director of the Peaceful Schools and Communities

Project of the Child and Family Program. Dr. Twemlow's clinical expertise and interest currently focus on the application of mentalizing to reduce power struggles and improve the quality of human relationships.

Dr. Twemlow has received grants from cities, private foundations, and federal agencies supporting his work on the Peaceful Schools and Communities Project. As a result of his effort, the project is becoming a national model for reducing bullying.

An international lecturer on the physical and psychological aspects of violence, Dr. Twemlow also is a prolific writer. His 150 publications include his book, *Creating a Peaceful School Learning Environment: A Program for Elementary Schools*, with Frank Sacco, Ph.D., and his son, Stephen Twemlow. In addition, he has co-edited a collection of articles on analytic work with violence in the community, *Analysts in the Trenches: Streets, Schools, War Zones*.

A recognized expert in the field, Dr. Twemlow has served on the Academic Advisory Council of the United States Presidential Campaign Against Youth Violence.

### Mark your calendar

#### Stuart Twemlow, M.D.

- "Working with Violent Youth: A community-based response"
- Friday, January 29, 7:30 pm, at Town Hall, 1119 8th Avenue, Seattle. No fee.
- Saturday, January 30, 8:30 am – 12:30 pm, at Swedish Hospital/Cherry Hill Campus auditorium, 500 17th Avenue, Seattle

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*It is curious that  
physical courage  
should be so common  
in the world and  
moral courage so rare.*

— Mark Twain

*Have the courage to live.  
Anyone can die.*

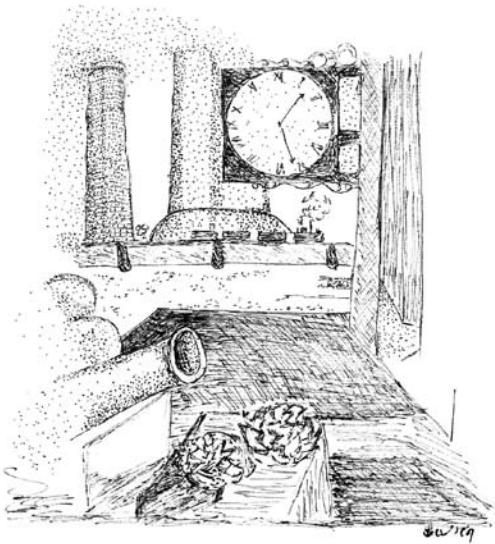
— Robert Cody

*Creativity requires  
the courage to let go  
of certainties.*

— Erich Fromm

”

Mindless Psychoanalysis,  
Selfless Self Psychology  
*and Further Explorations*



Robert L. Bergman

FROM THE PUBLICATIONS COMMITTEE

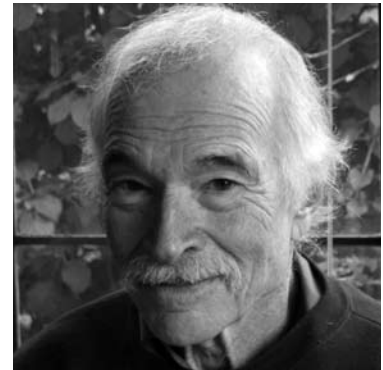
## Join us at Elliott Bay Books!

**B**egin an enjoyable Saturday evening listening to Bob Bergman read from his recently published volume of essays, *Mindless Psychoanalysis, Selfless Self Psychology and Further Explorations*. These exquisitely insightful essays on the experience of being human are best heard read aloud by the author himself.

This reading is beautifully suitable to share with friends who have curiosity for what motivates human nature.

**Bob Bergman book reading**

- Saturday, September 26, 5 pm
- Elliott Bay Books
- 101 S Main Street, Seattle, Washington
- Free admission
- Questions? Contact Jeanne Castle at 206-528-0245



FROM THE EDUCATION COMMITTEE/  
ARTS & PSYCHOANALYSIS

## Second Sunday Poetry Series

This popular series continues through the fall at the home of Sally Parks, 505 Boston Street, in Seattle. The dates are September 13, October 11, November 8, and December 13.

Contact Elena Richmond at 206-783-7326 or [lainier@comcast.net](mailto:lainier@comcast.net).

## BULLETIN BOARD

**Attractive office space** available in Madison Park for part-time sub-lease. Best suited for adult and couple therapy. Contact Roy Barsness, PhD, 206-329-3370.

**Professional editing** for your papers and publications. Decades of experience; familiarity with British Object Relations and other contemporary theory. Affordable rates. Contact Sigrid Asmus, [essay@nwlinc.com](mailto:essay@nwlinc.com) or 206-283-1382.

**Ad information.** Mail text and a check payable to NWAPS to Kris Wheeler, 5809 43rd Ave NE, Seattle, WA 98105.

- Up to 200 characters: \$30/members; \$40/nonmembers
- Up to 325 characters: \$45/members; \$55/nonmembers
- Beyond 325 characters: 10¢ a character, up to 700 characters

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## SEMINAR REVIEW

# Recovering and constructing

O'DONNELL DAY

**T**his past February Franco Scabbiolo invited us to join in thinking with him around the seminar's material entitled "The Psychoanalytic Method of Exploration of Clinical Material" with a link to the previous year, "Thinking Through the Psychoanalytic Process."

When the seminar started, I was deeply struggling to work with myself with my patient, feeling fragmented and confused. What I found across the time with Franco was an invitation from him to explore further with the hope of discovering something new, to investigate in detail, to communicate patiently, and to describe what I was seeing and experiencing in the transference and the working of the unconscious. He painted a picture of the geography and the landscape of the analytic process we call the transference, of the experience of feeling it in all its forces, of feeling how the mind does not work, and of the resultant mental pain.

Part of this landscape included two kinds of patients who come for psychoanalysis: one, the patient who has lost an object and has come to recover it; and second, the patient who has never had the experience of constructing an object in his or her mind, specifically hasn't constructed this experience with the mother. I found this description very helpful in thinking about my experience with my patient. I could find my way around and in this emotional landscape again. He helped me to navigate, and as he said, "to locate myself in the consulting room."

As the seminar was coming to an end on Sunday, Franco began by saying, "I was thinking how much the weather influences us. You have the sea in Seattle; in Oxford we have to spend an hour and a half to get to the sea. The sea of unknown, and Friday we were near the vicinity of fragmentation. I started to feel sad, pack, flight, and that increases the desire to come back." In part I am saying I am grateful for his desire to return, and in the seminar next February I will be both kinds of patient: recovering and constructing.

See page 6 for information on Scabbiolo's 2010 visit to Seattle.

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# committee reports

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## MEMBERSHIP COMMITTEE

CAROL POOLE

Welcome to all new and returning members, and thanks to all of you who renewed your memberships so promptly. At the time I'm writing this note, it's early July and there's a steady stream of envelopes and checks arriving in the mail every week from Alliance members so while I can't yet provide an updated membership count, I can say that there's something very unexpectedly enjoyable about these tangible signs of what a diverse and large community we are.

As you've already heard, thanks to Kim Brotherton's work on the Alliance's website ([www.nwaps.org](http://www.nwaps.org)), this year we'll have a new feature to offer Alliance members: a searchable online directory which we hope to have up in late fall. We're also continuing to produce the hard-copy Alliance roster (which is going to press about now and will be mailed to you later this fall.)

At the website, you can also find the results of the membership survey conducted last fall. This survey asked for members' views about a wide range of Alliance functions, and the responses give valuable information and raise good questions about how members are experiencing the Alliance these days—what's working well for most of us, what needs to be addressed.

This year, I'll be working closely with Scott Leiter, who serves on the Alliance's board as our Community Relations chair, to use the survey

results to help us look at the needs of both current members and potential new members. Some of the questions, specific to membership and community relations which we've developed by reading the survey results are:

How can the Alliance better reach out to potential new members, including recent graduates and newer therapists?

How do members' needs change through the course of their careers, from novice therapists through more experienced ones to retirees? What different kinds of programs and offerings could we develop to address these diverse needs?

In the survey, many members said they liked a lot about the Alliance, but some also said they find it hard to connect with people. There were also requests for more transparency about how the Alliance works and how to get involved, and also for more opportunities to socialize with other members. How can we do a better job of inviting people to connect and become involved?

At the summer meeting of the Alliance's board of directors, we talked about this third question. Some members commented that they perceive the Alliance as being somewhat cliquish and exclusive. From my own experience, I can see that but also from a different angle. I think that many of us are introverts who gravitate unconsciously toward dyads—at many events one can see a kind of buddy system at work. So cliquishness and exclusivity may be the shadow—the unconscious manifestation—of our membership's strengths such as

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sensitivity, and even of the exclusivity we all experience in therapeutic relationships.

I'm going to be working with Scott Leiter and others to try to think about how we can counteract this perhaps natural tendency, and how we might do a better job of welcoming and inviting members' participation, which is where all the Alliance's energy comes from. Please stay tuned for future developments, and please also always be in touch with your ideas and input which are welcome and needed.

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## POTENTIAL SPACE COMMITTEE

### CAROL POOLE

The theme of this issue of the *Forum* is *courage*, a word that comes to mind in connection with The Potential Space, the Alliance's annual arts and performance event. I don't want to wear the word out or use it in a grandiose sense. But if we can speak of ordinary, everyday courage—courage with a lower-case *c*—then surely we can recognize the courage it takes to make art and show it to others, and also the courage it takes to come see other's artwork and performances.

After all, art is not something we do to make ourselves *safe*. In showing work, artists risk that it won't be understood, and also that it will. Viewers and listeners risk having an unpredictable experience.

The results of the Alliance's membership survey conducted last year (and posted on the website at [www.nwaps.org](http://www.nwaps.org)) suggest that the risk pays off for many who attend. Member comments about Potential Space were on the whole very positive:

- "Always enjoyable and interesting"
- "I like its offering a place for creative life."
- "It's fun! And great to see the 'other' creative side of our members."
- "It's a good social evening and a way to get to know new aspects of old and new faces."
- "This year felt really wonderful."
- "I like the Potential Space event as a community gathering place and for seeing everyone's other talents."

Two comments also addressed problems seen in implementation: "It's a great idea but seems clumsy"; "Not fun—people using alcohol and not being present." It's true that the implementation of our hopes for the evening is never perfect. Wine is served, along with several non-alcoholic beverages and hors d'oeuvres. As an organizer, I do appreciate constructive feedback to help us be more aware of any problems.

In the spirit of Donald Winnicott, from whose work we take the title of the Potential Space, I'd like to add that one of the things I think works best about the event is an atmosphere, which seems to grow from year to year, of warm, unaffected enthusiasm for the good-enough. Art that is good enough to awaken and satisfy, good enough to embody a sincere engagement with life, good enough to stir a creative response, good enough to stay in the mind—to speak from my own experience, at least, this is what shows up in abundance at the Potential Space. Which is why it's fun to be there, and why this event can be an especially good way to get to know people better within the Alliance.

This year, there's another reason to attend. In between the time set aside for art-viewing and conversation, and the performances, we will have a round of toasts with cake to celebrate

the Alliance's twentieth anniversary. If you've ever wanted to say "thank you" for the potential space offered in Alliance classes and programs, or if you hold any wishes you'd like to say out loud for the Alliance's future, here's a chance to do so.

On behalf of the organizing committee—which this year includes Rebecca Meredith, Constance Jones, Susan Nelson, Susan Persson, Gillian Vik, Alma Rolfs, Elizabeth Clark Stern and the Arts and Psychoanalysis Committee, and many others who have helped out—I'd like to invite you all to come experience the Alliance's creative daring and diversity, and celebrate this organization's past, present and future. If you have any questions or suggestions, please contact any of the organizing committee; you can reach me at 206-390-7875 or [cpoole@speakeasy.net](mailto:cpoole@speakeasy.net). And if you'd like to participate this year, contact me as soon as possible.

We hope to see you there! See page 6 for more information.

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## EDUCATION COMMITTEE/ PROFESSIONAL MEETINGS

### STACEY MCFARLAND

Over the last year, Scott Leiter, Public Relations Committee chair, conducted a survey of our membership in an effort to gauge the state of the Alliance. Areas of inquiry included program utilization, program effectiveness, and member satisfaction. The Professional Meetings Committee has begun absorbing and metabolizing that feedback, pleased to have learned much about how we can target our

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work to have a broader and more substantial impact in the coming years.

One area of concern identified by the survey involves what night of the week our evening program is held. Historically, professional meetings have been scheduled on the second Thursday of the month. A number of members mentioned that they have regular client appointments on Thursday evenings that preclude their participation. Several members also felt that Thursday evenings were less desirable due to physical and emotional fatigue building at the end of the week. Thus, the committee is exploring the possibility of setting meetings for other days of the work week.

We also learned that there is significant interest in scheduling professional meetings in outlying communities in addition to Seattle. The Eastside and the South Sound were both mentioned as locations that would be more accessible to members whose practices or residences are not in the central city. Multiple members also expressed their desire for a new meeting place for Seattle events. With this input in mind, the committee will be discussing the feasibility of expanding the professional meetings program geographically. We also seek member suggestions as to alternative meeting venues in Seattle (call Stacey McFarland at 206-369-1368).

In February, we held our annual book study on *The Color of Water* by James McBride, led by Jenny Gardon and Bev Osband. The discussion was wide-ranging, but there was particular interest among the attendees in how our racial or ethnic identities may or may not be apparent to others and, thus, may result in some confusion

or disquiet in how we understand our own cultural membership.

The spring Nuts & Bolts presentation addressed professional wills, practice development, and marketing, and was led by Kim Brotherton and Karen Weisbard. Although aspects of the program, such as how to maintain a professional will, were of a necessary but less philosophical nature, some topics generated a surprising degree of introspection. Among other things, we discussed how we must incorporate our own values in developing a sustainable and individualized business as therapists. Concrete issues, such as how many clients, how much we charge, how we deal with insurance, and how we choose to market ourselves, can have important implications for the kind of practice we desire and the work/life balance we need.

We are pleased to announce our programs for the fall, which we expect to be interesting and useful to our members. On October 8, Robert Campbell will present his paper, "Idealization and its Dangers in Restrictor Anorexics." On November 12, the first Nuts & Bolts session will be led by Sal Ziz and Dawn Loerch, and is titled "Money and Professional Identity." Future Nuts & Bolts sessions are planned for the winter and spring. On January 14, Lisa Caldwell will discuss her paper "Fragmented Figure Eights: My current working model of psychoanalysis."

In other news, the Education Committee has seen some transition lately. We wish to welcome Lane Gerber to the professional meetings committee. Lane is an emeritus professor in the psychology department at Seattle University and we look forward to having an existential-phenomenological presence at our committee table. We also wish to thank outgoing committee members Jenny Gardon, Doug

Hansen, and Francie Rutherford for their creativity, commitment, humor and persistence. We wish them well in their future endeavors. Finally, we wish to extend our deepest thanks to all those who presented over the past year. They include: Kim Brotherton, Jenny Gardon, Lynn Garvey, Doug Hansen, Keith Myers, Bev Osband, Erica Rubin, and Karen Weisbard. Thank you again!

See page 9 for more information.

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## **EDUCATION COMMITTEE/ ARTS & PSYCHOANALYSIS**

*ELIZABETH CLARK STERN*

This year the Arts and Psychoanalysis Committee has worked with the Potential Space planning committee to bring in new energy and new opportunities. Among the many other attractions planned for Potential Space (October 3), the Northwest Sandplay Therapists will offer "Living Sand Tray," featuring living figures, props, costumes, and a sandbox. Potential Space guests are invited to create their own expression in this "sand" with living movable sculptures. A sand play therapist will be on hand to encourage people to explore and play.

Another attraction will feature Robert Bergman, Lee Roloff, and Tim Nelson in a ten minute excerpt from *The Freud/Jung Letters*. We are also happy to offer new visual art this year including a photo exhibit of African wildlife, new original art from our treasured artists, those who have contributed in the past and those showing this year for the first time.

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## EDUCATION COMMITTEE/ COURSES

TERRY HANSON

More courses, more diversity, more challenge. These three phrases capture some of what was expressed about the Alliance educational offerings through our recent survey of members. Many of you voiced interests in a wide range of topics and learning opportunities. Reading over the survey results, as I have several times, leaves me feeling a bit overwhelmed. How does one small committee begin to address the wide range of interests in an organization like the Alliance which takes as its mission the full scope of psychoanalytic theory and practice? Our committee, which has only been at work about six months, has felt some of this same sense of the enormity of this mission. Obviously it's a daunting task, and the only possible approach is to take our work one step at a time and do our best to generate as many interesting and challenging courses as we can. You will see we have greatly expanded our offerings for this next year, thanks to many people giving their time to plan and lead courses. In the coming year we hope to focus some of our energy on developing some year long courses, each of which would concentrate on one psychoanalytic approach to our work, for example a year long course from a relational/interpersonal perspective, or another from an object relations perspective.

We are trying in our committee to make room for all the voices in our community and in the psychoanalytic world that address our thinking and our work. Part of this is making room for our own voices among our committee members, and struggling with our own differences and distinct

points of view. We plan to use these Forum reports from our committee to represent some of this dialogue, and in this issue Diana Lee is writing from her experience so far with our committee work.

See page 5 for more information.

DIANA LEE

I signed onto this committee because I had an interest in seeing more opportunities to dialogue about the art and science of our craft. The reality of our practices is that we are called to use creative means that do not always fit into one school of thought. After graduation we each find our own way of using our knowledge and tools. Over time a community grows with a rich resource of clinicians who are artful in what they do, as no clinician does it exactly the same way as any other.

The sadness in this fact is that the nature of private practice is just that: we are private in what we do! Too many of us retire with a body of knowledge that never gets shared. The Alliance has always been a place that taps into this community resource and develops dynamic programs, not wedded to one school, and creates learning opportunities where levels of experience are intermixed.

There are more Alliance members today than when the Alliance began. I would like to see the Alliance grow itself into a creative learning center that offers a larger mix for this larger membership. I can envision a kind of learning that develops out of opportunities to rub up against our differences and to become more *edgy* in how to address the art of psychoanalytically informed psychotherapy. How do we do what we do?

The question considered in our committee is, "What structure best

supports the offering of learning opportunities?" In the recent past we only offered the seminars and courses offered to us by various members. At this time, we are considering the idea of seeking instructors to develop specific curricula. Do we create this course with beginner, mid-stage or senior practitioners in mind? Is there an *edgy* curriculum to develop out of the already recruited seminar leaders' theoretical orientations and interests: neuroscience, attachment, couples, dreamwork, and the writings of Searles?

One edge, in this collection of orientations and interests, is in the question around interpretation. It seems analytic thought often has interpretation reigning supreme. Our craft is often focused on the way we bring meaning and symbolization to our patients' suffering. But neuroscience is beginning to question whether meaning making is even possible or appropriate when a person is in the state of fight, flight or freeze. Maybe it is not the question of interpretation here as much as it is in the choice of what to bring to focus for our clients. When we bring meaning to their state of freeze, and they cannot think, are we doing a disservice by inserting our thinking onto their freeze state? Attachment speaks to tracking the relationship; and neuroscience is more and more linking with the relational as well as the behavioral schools. Where does interpretation belong in these schools? Is it always appropriate and if we do not choose to use it, then are we still engaged in an analytically informed practice model?

This is just a rough draft of the edge I found last evening in our committee meeting. How may the Alliance open up such dialogues? I see the educational committee at a critical juncture and see how this

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crux is echoed by so many of our independent institutes going through their own growth changes. Does the Alliance want to expand what we offer outside of the established seminar format? Are there both means and reasons to integrate more systematically the already varied educational programs. Would creating each year at the Forum a panel synthesizing the different seminars be a welcomed opportunity for dialogue? How does the Alliance consider meeting the larger membership needs? These are some of the questions we are wrestling with in our committee. Scott Leiter's survey offers us a start in how to navigate the future. I would welcome more opportunities to hear from the larger membership so we can better serve the community.

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## FORUM COMMITTEE

### BARBARA GROTE

The Forum Committee is responsible for putting on the Alliance's Forum, our annual conference. Forum 2010 is scheduled for Saturday, April 10. This quarter's issue of the *Forum* includes the call for presentation proposals for the conference. Proposals are due by December 31, 2009. See page 9 for more information

One change that Alliance members may notice in this year's call for presentations is an emphasis on presentations in a variety of styles: experiential/demos, panel discussions, all-group facilitated discussions, papers, and presentations using a variety of media.

After several years of service, three members of the Forum 2009 committee have retired: Sal Ziz (chair), Gail Rosenberg, and Sharon Chamberlain. All of these individuals played critical roles in the planning and implementation of past Forums. Their contributions will be missed!

The committee for Forum 2010 consists of Barbara Grote (chair), David Allen (past member), Michael Allison (past member), as well as Reba Baudino, Matthew Brooks, Aleta Mattaino, Linda Jenkins, Marian Evans, and Trip Quillman (all new members). At the time of this writing (July) the new committee had not yet met.

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## INTRODUCING BARBARA GROTE, NEW CHAIR OF THE FORUM COMMITTEE

### GINGER HARSTAD GLAWE

Recently the Alliance board said a grateful farewell to Sal Ziz, for many years the chair of the Forum Committee, and welcomed Barbara Grote as the new chair. Since she is relatively new to our community, we are making this brief introduction.

Barbara moved from California to Puget Sound in 1992 as an executive in human resources for a high tech business. Barbara said that, like many people in middle years, it became clear to her that it was time to make a change in her work, and she realized that she wanted to return to her teenage ambition to be a psychologist. She had begun at Berkeley in psychology, but the *zeitgeist* drew her to a more

political perspective. Once she had determined to make the shift back to psychology, she enrolled at Pacifica and earned her Ph.D. She has been in private practice since 2004. Barbara also trained in Somatic Transformation, which she practices and helps with training others.

Barbara said that she found the Alliance when she was working on her Ph.D. and looking for a community. She liked the inclusiveness, and felt that the combination of attention to depth and breadth fit her, so she joined. Soon Sal Ziz, whom she knew through Somatic Transformation, invited her to be involved by working on a Forum, and she agreed and found herself on the commit-

tee. When Sal determined that it was time for him to step down, he asked her to be the next chair. She said that it's hard to say "no" to Sal, so she is taking charge at a time of transition for the committee. She is determined to keep what has worked in the past while looking for meaningful innovations. We welcome Barbara, and look forward to the creativity she will bring to the Alliance's day of celebrating local inspirations.

## ACPC news

JANICE HICKEY

General Systems Theory holds that a sign of a healthy, viable system is its growth and change. By that standard, ACPC is clearly alive and well, growing and changing. We have grown the number of patients we are serving to thirty in the Clinic Without Walls—more than doubling the number served three years ago, and we are offering more training than ever to both clinic therapists and their consultants.

As ACPC has grown, it has also changed. I will continue as chair of the ACPC Committee and director of the Clinic Without Walls, through June 2010, when Bill Etnyre and Aleta Mattaino will take over as co-directors of the clinic. Aleta is currently on the committee and Bill will join this fall. Bill brings a tremendous breadth and depth of clinical experience and knowledge to this job. He received his MSW from the UW School of Social Work, and his Ph.D. in clinical social work from Smith College. He has a private practice in Seattle and teaches and mentors at the University of Washington School of Social Work. Aleta is a graduate of Seattle Pacific University and the ACPC Internship program. She currently has a private practice in Northgate, teaches at Antioch University, and works at the University of Puget Sound in their counseling center. Her past history and current involvement

with ACPC, as well as her incredible organizational skills remain invaluable assets to the Alliance.

With change there also comes loss. Janet Allen ended her position as ACPC administrator in July. Janet has truly been pivotal in her role, often as the first connection both clients and volunteers have with the clinic, helping them to navigate the system. Her commitment to the clinic and its mission, to the patients and volunteers, has always been palpable. I am deeply grateful both for her profound caring and for her laughter and patience. She will be missed.

Lola Richards will join us as the new clinic administrator, adding to her bigger job as administrator to the Alliance as a whole. Many of you know Lola from her many years as the SPSI administrator. Her familiarity with the Alliance and the psychoanalytic community as well as her knowledge of the business of running a nonprofit will be invaluable to the clinic's functioning.

Not everything at ACPC is changing—happily, there are some constants! This fall we resume our quarterly case consultations on Saturday mornings (October 17 and February 25), with one Thursday evening (April 17), at the Good Shepherd Center. These case consults are offered free to anyone who has volunteered for ACPC. The consultant's meetings also resume in the fall meeting every other month (September 19, November 21, January 9, March 20, and May 22). These meetings, offered only for the consultants, provide an opportunity to explore

the complexities of the consulting process.

We also are again offering the quarterly seminars to current therapists working for the clinic. This fall Francie Rutherford and Elizabeth Wasson will offer a seminar entitled "Basic Psychoanalytic Concepts"; in the winter Karen Weisbard will give an introduction to Relational Psychoanalytic theory using Steven Mitchell's book, *Hope and Dread of Psychoanalysis*; and in spring Bev Osband will facilitate a discussion series on Phillip Bromberg's book, *Standing in the Spaces*.

Finally, we are very excited that Nancy McWilliams, author of *Psychoanalytic Diagnosis* will be the presenter for the fifth annual conference on "How Does Psychotherapy Work?" on Saturday, June 5. Last June, ACPC sponsored the fourth annual conference with Karen Maroda. Dr. Maroda challenged and provoked us to think about some of so-called givens of psychoanalysis, with particular reference to the issue of self-disclosure. She challenged us to learn more about how and when self-disclosure is therapeutic, to consider our comfort with conflict with the patient, and to think about how to confront a client in a non-aggressive way.

As always, I am grateful for all who work with ACPC—the administrative staff, volunteer therapists and consultants, colleagues who offer seminars and facilitate consultations, and for the Alliance board for their ongoing support and guidance.

# Immediacy and reflection in work and art

KATHY KNOWLTON

**S**usan Radant may be familiar to members of the Alliance as a training and supervising analyst at the Seattle Psychoanalytic Society and Institute (SPSI), as the generous hostess for presentations sponsored by the Pacific Northwest Psychoanalytic Society, as an exhibitor at the Potential Space event, or as the chair of SPSI's Continuing Education Committee and one of the founders of its Subcommittee on Psychoanalysis and Visual Art. In this article she appears as the focus in the *Forum's* occasional series on members of our practitioner community who are artists as well.

Sue Radant met me at her home on a bright summer afternoon at the end of her week of clinical work and teaching at SPSI. We sat in the living room, the middle of the structure, her consulting office on one end of the house, her private living quarters on the other. This is a tall room with one particularly generous wall that is filled with her oils, a gallery of expressionist portraits in vivid, strong colors. The faces look out from the canvasses with mostly serious or sad expressions, but even the happy ones share an insistent immediacy that makes me think something has been captured, preserved, that might otherwise have been fleeting or even hidden. I tried to articulate to myself what the portraitist had been after, a kind of vitality beyond all loss of innocence, perhaps, and something more emotionally

authentic than realism could capture satisfactorily.

Sue explained that her interest in art and in making art is lifelong, but she never really found her niche until she discovered oils. For a while as an adult she worked in stained glass, "but I'm not really that meticulous." Some fourteen years ago she received an oil painting set as a present from her children and then husband and her painterly life began to thrive. The medium suits her in every way: "It's very forgiving. You can scrape [oils] off or paint over them. And then there's the feel of the medium. There's a real lushness that you don't get with watercolor or acrylics."

She found a class at the Pratt Institute in beginning oils and she liked the teacher's "psychoanalytic approach, which he didn't realize he was taking." The teacher emphasized "finding your own authentic voice and expression. The rules can come later. It was fun. I did some really awful stuff, but it was fun."

We paused here to acknowledge how analytic thought parallels what matters to her as an artist. Sue raised a strong parallel she sees between the process of her learning as a painter and the development that occurs through analysis. Every Sunday, she explained, she gets together with an artist friend, Brian Tang, and they paint. "I have to credit a lot of my learning to him." Some of that learning has been technical, "how to do textural and dimensional effects with paint, scraping back and other tech-

niques." Some of it has been deeply collaborative: "We've done things together, literally working on the same piece. He'd be working on something and we'd both end up painting on it. We'd flip it from the horizontal to the vertical—he'd do one direction and I'd turn it 180 and work on it that way."

She went on exploring the analogy to analysis. "If you think relationally, he and I are working in our two very different styles, but have to find a way to mesh the two into one. My own personal orientation [as an analyst] is self-psychological, but that does seem conceptually relational."

"What I've always felt about this," she summarized, "is that being an analyst, being in analysis, being an artist, really play off of each other and further accentuate each other. Painting in some way helps me be a better analyst, to understand certain layers of experience better. It's an ongoing process of self-discovery. It does something to help me discover something about myself."

"I know that sometimes something changes as I proceed. Expressing myself through painting is like oiling the gears a bit; it loosens things up unconsciously. It helps to make me more flexible, more open to understand people in a way that is more affective. And with patients I really latch onto what is creative in a person and try to help them work it out and express it authentically."

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Since her development as an artist has coincided in time with her own analysis and her training as an analyst, we explored that parallel as well. As the child of parents who survived the Holocaust but did not talk about it, she had “things to work through,” and for a while she was “doing a lot of painting, more pressured.” She told me that she credits analysis with helping her to “understand without having facts, and to let go more.” Her painting now, she feels, is “more relaxed, not so self-critical. Sometimes things work out, sometimes they don’t.” At the same time she described herself as “more objective, less emotional. I know why something doesn’t work.”

She has sold a few pieces, but never set out to do so, though she told me that her attitudes about selling her work may be evolving: “I have been thinking recently about whether I might want to show,” she revealed. “There’s a gallery that’s interested.” In the past she thinks commercial success might have felt like “selling away part of myself,” and she was much more comfortable simply giving paintings as gifts within her family. Then there is the fantasied future when she might retire, or partially retire, and “maybe make some money at [painting].”

With the topic of showing her art, we begin to explore how others respond to her work and how that response feels to her. “There’s always the chance of narcissistic injury, but [now] that doesn’t bother me so much. I’m sure I could be wounded, but I do understand that there is a real subjective aspect to art. I think I feel resilient enough to tolerate the exposure.”

Other recent developments include new subject matter. She used to paint only people, and mostly faces. These have gone from sad or serious to more “funky, quirky.” Now she has begun to paint trucks, animals, landscapes. The trucks she captures from the front so that there’s a kind of face formed by “the grill and head lights, because there’s something very expressive there, not sad, more emotive.”

The colors are still bold, not chosen to soothe, and the brush strokes palpable. What interests her in her own and other’s art is some combination of distortion and realism, where there is “a lack of stability and yet it’s stable too.” One example is another artist’s piece above her fireplace in which the building is specific, a portrait of an actual spot, but it has been bent to the side as if by a strong wind. I am reminded again of the sense that can be so alive in Sue’s own work, that she is capturing something, something truer than a veridical reproduction, something that would be fleeting but for the artist’s insistence on documenting it.

We talked about courage, the theme of this issue of the *Forum*. She owned that it’s easy for her to feel “intimidated by a white canvas.” She went on to acknowledge that “Starting is an act of courage. I have to talk to myself—‘just do it.’”

We rose to tour the rest of the house, her professional space, the consulting office, and her living quarters. She has chosen with care what works will hang in what areas, including pieces by others. Some of the most subtle, finished abstract pieces included examples of her collaborative efforts with Tang, which have less immediacy and more raptness

and grace than her individual work. Among the variety in her private quarters hung works she considered unfinished or ripe for reworking someday.

Our conversation wandered from her own creations to connected areas: the SPSI Continuing Education Committee she chairs; the lifelong marriage for her of happiness and creativity. In her SPSI service she has tried, she said, “to pull together art and psychoanalysis.” Her subcommittee on psychoanalysis and visual art has brought the community analytic speakers who are artists or take an analytic view of art. Most recently they sponsored Danielle Knafo, Ph.D., author of a psychobiography of Egon Schiele. “It’s a lot of work, but fun bringing the disciplines together.”

When I reflected on the pervasiveness of art in her home and her experience, she acknowledged that her happiness is inextricably linked to art. “One of my worst fears would be to be blind. It’s hard, the idea of not being able to express myself this way.” Then reminding herself of the possibilities of sculpture, she also remembered, “Monet continued to paint as he was losing his vision.” It is clear that she will continue finding the courage to face blank canvases and the energy to bring her disparate worlds of psychoanalysis and art together, no matter what, because this is just who she is.